



WHAT'S PERMITTED vs RECOMMENDED

	BAT TYPE			
AGE LEVEL	 ANY USABAT ONLY FOR USE WITH APPROVED TEE BALLS	 -13 TO -7	 -6 TO -4	 -3
TEE BALL	 RECOMMENDED	PERMITTED FOR PLAY	NOT RECOMMENDED	NOT RECOMMENDED
YOUTH	NOT PERMITTED FOR PLAY	 RECOMMENDED	 RECOMMENDED	NOT RECOMMENDED
HIGH SCHOOL	NOT PERMITTED FOR PLAY	NOT PERMITTED FOR PLAY	 RECOMMENDED	 RECOMMENDED
COLLEGIATE	NOT PERMITTED FOR PLAY	NOT PERMITTED FOR PLAY	NOT PERMITTED FOR PLAY	 USA BBCOR ONLY

EXAMPLES

A 6-year-old in a tee ball league would be recommended to use a USABat approved tee ball bat, but could swing a -12 USABat if desired.

A 12-year-old may want to swing a -8 USABat when participating in youth leagues, but could choose to swing a -5 USABat to prepare for high school.

A high school player must either swing a -4, -5, or -6 USABat, or a -3 USA BBCOR bat.

A collegiate player must swing a -3 USA BBCOR bat.

For a full list of FAQs and USABat resources, visit USABat.com

DISCLAIMER: Some exceptions may apply. This table should be used as a general guideline as to the appropriate bat drop weight by age and level, but always refer to your local league's rulebook.

High school baseball will continue to allow BBCOR bats with the previous BBCOR .50 mark indefinitely.

NCAA Baseball will allow bats with both the USA BBCOR and previous BBCOR .50 marks through the end of the 2028 season. Beginning January 1, 2029, only bats with the USA BBCOR mark will be permitted.