



NEWS RELEASE

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MEDIA ADVISORY

January 14, 2025

FIRST WORKOUT DATES AND PHOTO DAYS ANNOUNCED FOR 2025 SPRING TRAINING

Following are the first workout dates, subject to change, both for pitchers and catchers and full squads of the 30 Major League Clubs for 2025 Spring Training. First is a listing for American League and National League Clubs, followed by a listing by Grapefruit League and the Cactus League affiliation.

MLB will announce details for its annual Spring Training Media Days in Florida and in Arizona in the coming days.

In addition, below the first workout dates is the schedule of 2025 Spring Training Photo Days for each of the 30 Clubs. Please note the following procedures for attending Photo Day:



- A request must be submitted via the MLB Credentials site (<http://credentials.mlb.com>) for each Club's Photo Day that you would like to attend.
- The request must come from the assignment editor or the sports editor.
- The club must receive requests at least ONE WEEK prior to the scheduled Photo Day.
- The club will contact you directly to let you know if you have been approved to attend.

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Contact: Major League Baseball Communications, (212) 931-7878, mlbpressbox.com, twitter.com/mlb_pr.



SPRING TRAINING



AZ·FL

2025 SPRING TRAINING FIRST WORKOUT DATES

AL Club	<i>Pitchers & Catchers First Workout</i>	<i>Full Squad First Workout</i>
ATH	Wed., Feb. 12 th	Mon., Feb. 17 th
BAL	Thurs., Feb. 13 th	Tues., Feb 18 th
BOS	Wed., Feb. 12 th	Mon., Feb. 17 th
CWS	Wed., Feb. 12 th	Mon., Feb. 17 th
CLE	Thurs., Feb. 13 th	Tues., Feb 18 th
DET	Wed., Feb. 12 th	Mon., Feb. 17 th
HOU	Thurs., Feb. 13 th	Tues., Feb 18 th
KC	Wed., Feb. 12 th	Mon., Feb. 17 th
LAA	Wed., Feb. 12 th	Mon., Feb. 17 th
MIN	Thurs., Feb. 13 th	Mon., Feb. 17 th
NYY	Wed., Feb. 12 th	Mon., Feb. 17 th
SEA	Thurs., Feb. 13 th	Tues., Feb 18 th
TB	Tues, Feb. 12 th	Sun., Feb. 17 th
TEX	Wed., Feb. 12 th	Mon., Feb. 17 th
TOR	Thurs., Feb. 13 th	Tues., Feb 18 th

NL Club	<i>Pitchers & Catchers First Workout</i>	<i>Full Squad First Workout</i>
AZ	Wed., Feb. 12 th	Mon., Feb. 17 th
ATL	Wed., Feb. 12 th	Tues., Feb 18 th
CHI	Sun., Feb. 9 th	Fri., Feb. 14 th
CIN	Wed., Feb. 12 th	Mon., Feb. 17 th
COL	Thurs., Feb. 13 th	Tues., Feb 18 th
LAD	Tues, Feb. 11 th	Sat., Feb. 15 th
MIA	Wed., Feb. 12 th	Mon., Feb. 17 th
MIL	Thurs., Feb. 13 th	Tues., Feb 18 th
NYM	Wed., Feb. 12 th	Mon., Feb. 17 th
PHI	Wed., Feb. 12 th	Mon., Feb. 17 th
PIT	Wed., Feb. 12 th	Mon., Feb. 17 th
STL	Wed., Feb. 12 th	Mon., Feb. 17 th
SD	Wed., Feb. 12 th	Mon., Feb. 17 th
SF	Wed., Feb. 12 th	Mon., Feb. 17 th
WSH	Wed., Feb. 12 th	Tues., Feb 18 th

Cactus League Club	<i>Pitchers & Catchers First Workout</i>	<i>Full Squad First Workout</i>
AZ	Wed., Feb. 12 th	Mon., Feb. 17 th
ATH	Wed., Feb. 12 th	Mon., Feb. 17 th
CHI	Sun., Feb. 9 th	Fri., Feb. 14 th
CWS	Wed., Feb. 12 th	Mon., Feb. 17 th
CIN	Wed., Feb. 12 th	Mon., Feb. 17 th
CLE	Thurs., Feb. 13 th	Tues., Feb 18 th
COL	Thurs., Feb. 13 th	Tues., Feb 18 th
KC	Wed., Feb. 12 th	Mon., Feb. 17 th
LAD	Tues, Feb. 11 th	Sat., Feb. 15 th
LAA	Wed., Feb. 12 th	Mon., Feb. 17 th
MIL	Thurs., Feb. 13 th	Tues., Feb 18 th
SD	Wed., Feb. 12 th	Mon., Feb. 17 th
SF	Wed., Feb. 12 th	Mon., Feb. 17 th
SEA	Thurs., Feb. 13 th	Tues., Feb 18 th
TEX	Wed., Feb. 12 th	Mon., Feb. 17 th

Grapefruit League Club	<i>Pitchers & Catchers First Workout</i>	<i>Full Squad First Workout</i>
ATL	Wed., Feb. 12 th	Tues., Feb 18 th
BAL	Thurs., Feb. 13 th	Tues., Feb 18 th
BOS	Wed., Feb. 12 th	Mon., Feb. 17 th
DET	Wed., Feb. 12 th	Mon., Feb. 17 th
HOU	Thurs., Feb. 13 th	Tues., Feb 18 th
MIA	Wed., Feb. 12 th	Mon., Feb. 17 th
MIN	Thurs., Feb. 13 th	Mon., Feb. 17 th
NYM	Wed., Feb. 12 th	Mon., Feb. 17 th
NYY	Wed., Feb. 12 th	Mon., Feb. 17 th
PHI	Wed., Feb. 12 th	Mon., Feb. 17 th
PIT	Wed., Feb. 12 th	Mon., Feb. 17 th
STL	Wed., Feb. 12 th	Mon., Feb. 17 th
TB	Tues, Feb. 12 th	Sun., Feb. 17 th
TOR	Thurs., Feb. 13 th	Tues., Feb 18 th
WSH	Wed., Feb. 12 th	Tues., Feb 18 th



GRAPEFRUIT LEAGUE PHOTO DAYS IN FLORIDA



All times local.

Monday, February 17th

7:00 a.m. Tampa Bay Rays, Port Charlotte

Tuesday, February 18th

7:00 a.m. Boston Red Sox, Lee County

7:00 a.m. New York Yankees, Tampa

7:00 a.m. Pittsburgh Pirates, Bradenton (at Pirate City)

Wednesday, February 19th

6:30 a.m. Miami Marlins, Jupiter

7:00 a.m. Baltimore Orioles, Sarasota

7:00 a.m. Detroit Tigers, Lakeland

Thursday, February 20th

6:45 a.m. Houston Astros, West Palm Beach

6:45 a.m. New York Mets, Port St. Lucie

7:00 a.m. Philadelphia Phillies, Clearwater

7:00 a.m. St. Louis Cardinals, Jupiter

Friday, February 21st

6:00 a.m. Atlanta Braves, North Port

6:00 a.m. Toronto Blue Jays, Dunedin

6:30 a.m. Washington Nationals, West Palm Beach

7:30 a.m. Minnesota Twins, Lee County



CACTUS LEAGUE PHOTO DAYS IN ARIZONA

All times local.



Monday, February 17th

7:00 a.m. Chicago Cubs, Mesa

Tuesday, February 18th

6:30 a.m. Athletics, Mesa

7:00 a.m. Los Angeles Dodgers, Glendale

7:30 a.m. Cincinnati Reds, Goodyear

Wednesday, February 19th

6:00 a.m. Los Angeles Angels, Tempe

6:00 a.m. San Diego Padres, Peoria

6:30 a.m. Arizona Diamondbacks, Scottsdale

6:30 a.m. Texas Rangers, Surprise

7:00 a.m. Kansas City Royals, Surprise

Thursday, February 20th

6:30 a.m. Chicago White Sox, Glendale

6:30 a.m. Colorado Rockies, Scottsdale

6:45 a.m. Seattle Mariners, Peoria

7:00 a.m. San Francisco Giants, Scottsdale

7:30 a.m. Cleveland Guardians, Goodyear

Friday, February 21st

7:30 a.m. Milwaukee Brewers, Phoenix