

Minor League Family Wellness Program: EAP Access Numbers

Call Us 24/7 Using the Worldwide Numbers Below

COUNTRY	PHONE NUMBER
Albania	8001510
Antigua & Barbuda	1-855-258-7976
Argentina	0800-345-8194
Australia	1-300-361-964
Austria	800068724
Bahamas	1-855-272-5612
Barbados	1-855-252-9779 1-800-204-7952
Belarus	882004910062
Belgium	0800-45-682
Brazil	0800-591-1365
Belize	00-1-800-017-5715
Cambodia	855-23-965-717
Cameroon	237-6-56-97-12-58
Cayman Islands	1-855-328-1182
Canada	1-866-833-7690
Chile	+1-905-886-3605**
China	400-120-8516
Colombia	01-800-5185294
Costa Rica	506-4001-8672
Cyprus	80-077-005
Czech Republic	800-701-276
Denmark	80-25-40-07
Democratic Republic of Congo	242-06-400-0027
Dominica	1-855-501-5787
Dominican Republic	1-829-200-2050 1-829-946-0798
Ecuador	1800-001-129
Egypt	LANDLINE ONLY: 0-800-000-0422
Estonia	+1-905-886-3605**
Finland	0800-413629
France	0-805-08-03-06
Georgia	0800-10-02-84

COUNTRY	PHONE NUMBER
Germany	0800-1810583
Greece	+1-905-886-3605**
Guam	+1-905-886-3605**
Guinea	224-660-71-03-11
Hong Kong	+852-5808-2144
Hungary	+1-905-886-3605**
Iceland	8007589
India	000-800-100-7977
Indonesia	+1-905-886-3605**
Iraq	+964-66-240-9199
Ireland	+1-905-886-3605**
Israel	809467972
Italy	800-789-907
Jamaica	1-877-668-0031
Japan	ALL CARRIERS: 0800-222-1136
Luxembourg	800-21-266
Macau	+853-6262-5092
Macedonia	0800-9-38-91
Malaysia	1-800-815-560
Mali	+223-449-60038
Mexico	+1-905-886-3605**
Monaco	800-93881
Myanmar	+95-1-239-0025
Namibia	+264-83-380-0152
Netherlands	0800-0227290
New Zealand	800-452342
Nigeria	+234-1-227-8916
Norway	800-14464
Panama	+1-905-886-3605**
Peru	0800-78114
Philippines	+63-2-8-231-2529
Poland	0-0-800-4911974
Portugal	800 181 728

COUNTRY	PHONE NUMBER
Puerto Rico	+18553974184
Qatar	00800-100-857
Romania	0800-360-141
Russia	+1-905-886-3605**
St. Kitts & Nevis	1-855-324-6227
Saudi Arabia	800-814-0011
Singapore	+65-3165-5668
Slovakia	LANDLINE ONLY: 0-800-606-615
South Africa	080-098-2173
South Korea	080-822-1530
Spain	+34-518-88-92-55
Sri Lanka	2-029-033
Sudan	+1-905-886-3605**
Sweden	020-075-34-95
Switzerland	0800-894-355
Taiwan	00801-49-1512
Thailand	+66-2-105-6108
Trinidad & Tobago	1-866-582-5576 TOLL-FREE: 1-868-224-5746
Turkey	+1-905-886-3605**
Turks & Caicos	1-877-899-5177
UAE	800-014-4830
Uganda	+1-905-886-3605**
UK	0-808-234-8663
Ukraine	0800-801-196
United States	ENGLISH: 800-292-2780 SPANISH: 866-634-4371
Uruguay	000-416-204-9161
US Virgin Island	1-855-813-6299
Venezuela	LANDLINE ONLY: 800-102-9634
Vietnam	+1-905-886-3605**

NOTE: Some restrictions may apply when calling from some private phones, pay phones or mobile networks.

If your country is not listed above, follow these steps:

Step 1: Call Canada direct at +1-905-886-3605**. You will be connected to an EAP representative.

Step 2: Tell the representative the name of your employer and what country you are calling from and request that we call you back immediately or at a time convenient for you.

Step 3: Provide the representative with telephone number where you can be reached.

**Phone charges will apply.

Services are provided by Sand Creek, in partnership with LifeWorks. Costs are covered by Major League Baseball.