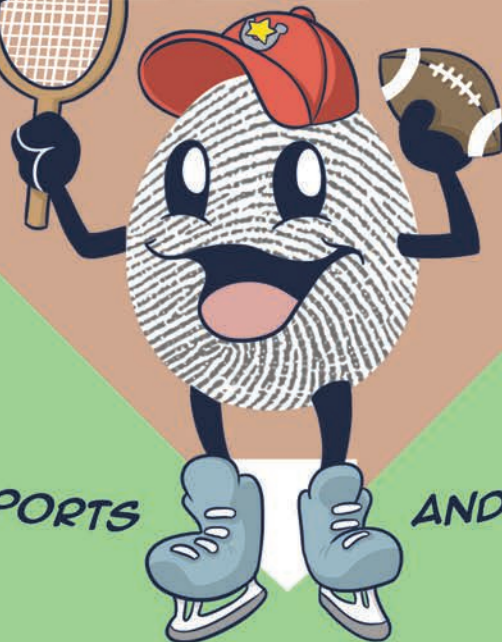




FORE, SCRE & 7 SPORTS AG!



A HISTORY OF SPORTS

AND SPORTSMANSHIP!

ILLUSTRATED BY
FOX SMITH

WRITTEN &
CREATED BY
MICHELLE
BAIN



THUMBS UP TO 10 RULES OF SPORTSMANSHIP

THESE HIGH FIVE GUIDELINES ARE THUMBS UP, HANDS DOWN! GET TO KNOW THEM!



TRASH TALK:

NOUN

INSULTING COMMENTS THAT ARE MADE ESPECIALLY TO AN OPPONENT IN A CONTEST, GAME, ETC.

- 1) KNOW THE HISTORY OF YOUR SPORT.
- 2) RESPECT YOUR SPORT.
- 3) NO TRASH TALKING.
- 4) ACCEPT A WIN OR A LOSS.
- 5) KNOW YOUR GAME. KNOW YOUR RULES.
- 6) RESPECT YOUR TEAMMATES, YOUR COACHES AND THE REFEREES!
- 7) PRIORITIES RULE = RESPECT FOR YOUR SPORT, YOUR TEAM AND YOU AS THE PLAYER.
- 8) A WINNER HAS THE RIGHT ATTITUDE, WIN OR LOSE.
- 9) TAKE CARE OF YOUR SPORTS EQUIPMENT.
- 10) BE A GOOD SPORT, A GOOD LEADER AND A TEAM PLAYER IN AND OUT OF YOUR GAME!



IT WAS A BEAUTIFUL DAY AT THE HAPPY TOWN PARK! EVERYONE WAS OUTSIDE PLAYING THEIR FAVORITE SPORTS WITH ALL OF THEIR GOOD FRIENDS. EVERYONE BUT MULLIGAN, THAT IS.



JOHNNIE AND MULLIGAN MET BASKETBALL STARS "WATCH YOUR LANE" WAYNE AND "ALL NET" BRETT, A TRUE OLD SCHOOL BASKETBALL PLAYER, WHO TOLD THEM ALL ABOUT THE HISTORY OF THE GAME AND SHARED SOME REALLY FUN THINGS THEY'D NEVER KNOWN!

BASKETBALL WAS INVENTED IN 1891 AND ALTHOUGH THE BASKETS, BALLS AND UNIFORMS HAVE COME A LONG WAY, WORKING WITH YOUR TEAMMATES AND BEING A GOOD PLAYER IS STILL A BIG PART OF THE GAME!



WOW!

COOL!

PLAYERS ORIGINALLY THREW A BALL INTO A PEACH BASKET AND THAT IS WHY THE GAME WAS NAMED "BASKET BALL."



EACH TIME A PLAYER MADE A BASKET, THE GAME WOULD STOP SO SOMEONE COULD USE A LADDER TO GET THE BALL OUT OF THE BASKET!



IN 1906, METAL HOOPS, NETS AND BACKBOARDS WERE USED INSTEAD.



EVERY POSITION IS IMPORTANT IN BASKETBALL. TO MOVE THE BALL FROM ONE END OF THE COURT TO THE OTHER, PLAYERS CAN BOUNCE THE BALL (DRIBBLING) AND MUST ALSO PASS IT TO TEAMMATES TO SET UP GOOD PLAYS AND HAVE A GREAT GAME.

EARLY BASKETBALL WAS PLAYED WITH SOCCER BALLS, BUT THEY WERE HARD TO DRIBBLE. IT WASN'T UNTIL 1942 THAT THE BALL BEGAN TO HAVE THE LOOK AND FEEL WE KNOW AND PLAY WITH TODAY!

1894



1929



1942



NEXT UP, THEY MET JOHNNIE'S GOOD FRIEND "SMOKIN' GLOVE" JOE, THE BEST BASEBALL PITCHER AROUND. HE TOLD THEM ALL ABOUT HOW BASEBALL BECAME AMERICA'S FAVORITE PASTIME!

PRIORITIES RULE!
RESPECT YOUR SPORT,
YOUR TEAM AND YOU
AS THE PLAYER!

**RESPECT
your
SPORT!**

HALL OF FAME

THE BASEBALL HALL OF FAME IS A MUSEUM THAT CELEBRATES PLAYERS WHO ARE CHOSEN BASED ON THEIR "PLAYING ABILITY, INTEGRITY, SPORTSMANSHIP, CHARACTER AND CONTRIBUTIONS TO THE TEAMS ON WHICH THE PLAYER PLAYED."



**SMOKIN'
GLOVE JOE**

THE FIRST BASEBALL GAME WAS PLAYED IN NEW JERSEY IN 1846. IT WAS SUCH A HIT THAT THE FIRST PRO LEAGUE FORMED IN 1871. BY THE EARLY 1900s, MOST BIG CITIES IN THE EASTERN U.S. HAD A TEAM. BY THE 1950s, MANY WESTERN CITIES HAD TEAMS, TOO!

THE FIRST BASEBALLS WERE ACTUALLY MADE FROM RUBBER, WRAPPED IN YARN, WRAPPED IN LEATHER! THE LEATHER AND STITCHING LOOKED LIKE LEMON PEELS! IN THE 1870s, THE SHAPE BEGAN TO LOOK LIKE THE BASEBALL THAT WE KNOW AND LOVE TODAY!

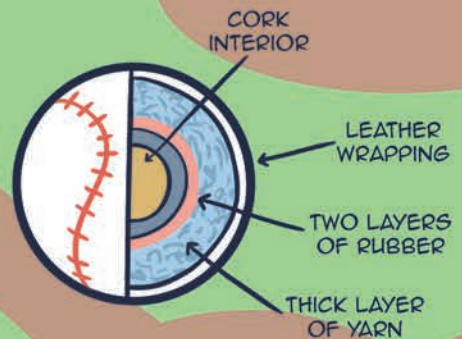


1870S



TODAY

THE CORE OF BASEBALL!



JACKIE ROBINSON WAS THE FIRST AFRICAN-AMERICAN TO PLAY IN MODERN, PROFESSIONAL BASEBALL. HE BEGAN PLAYING IN 1947 FOR THE BROOKLYN DODGERS.

THAT'S AMAZING!



ANOTHER CLASSIC AMERICAN SPORT IS FOOTBALL. JOHNNIE AND MULLIGAN MET THE FOOTBALL STAR CLEATS MCGEE. THEY LEARNED ABOUT THE RULES OF FOOTBALL AND ITS HISTORY.

TACKLING IS A PART OF FOOTBALL! PLAYERS CAN SHOW SPORTSMANSHIP BY NOT HITTING TOO HARD AND BY HELPING THOSE ON THE OTHER TEAM UP AFTER A TACKLE.



RESPECT

YOUR TEAMMATES,
YOUR COACHES
AND THE REFEREES!

FOOTBALL'S
ROOTS STARTED IN THE
SPORT OF RUGBY! WHAT
A WAY TO "PASS" ON
THE TRADITION!

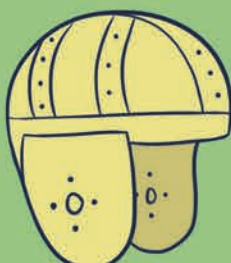
I'M CLEATS MCGEE
AND WHEN I PLAYED BACK IN THE
1800s, OUR HELMETS WERE VERY
DIFFERENT! THEY JUST COVERED YOUR
HEAD AND HAD NO FACEGUARD. FOOTBALL
WAS LATER DEVELOPED AT COLLEGES.
THE NATIONAL FOOTBALL LEAGUE
WAS FORMED IN THE
1920s!



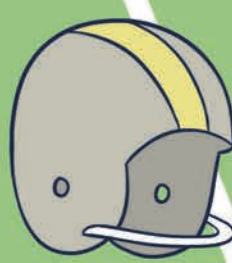
1900



1930



1940

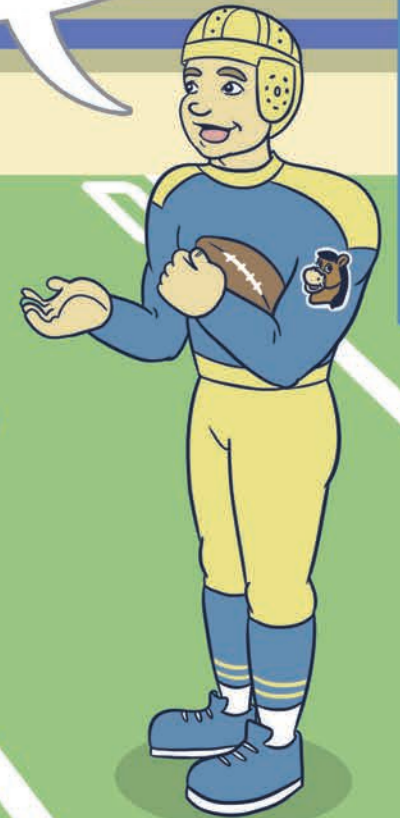


1950



1970

THE FIRST FOOTBALL HELMETS WERE MADE FROM LEATHER. THAT'S WHY EARLY PLAYERS WERE CALLED LEATHERHEADS! THEY WENT FROM SOFT TO HARD LEATHER BEFORE BEING MADE OUT OF PLASTIC IN THE 1950s. BY THE 1970s, THEY INCLUDED THE FACEGUARD.



AFTER SPENDING SOME TIME ON THE FOOTBALL FIELD, JOHNNIE AND MULLIGAN HIT THE LINKS TO LEARN A LITTLE HISTORY ABOUT GOLF FROM MULLIGAN'S FAVORITE COUSIN, BIRDIE.

TAKE CARE OF YOUR SPORTS EQUIPMENT!

IN EARLY TIMES, CERTAIN TYPES OF GOLF COURSES ON THE SHORES OF SCOTLAND WERE CALLED "LINKS."

GOLF IS GREAT! IT'S MY FAVORITE SPORT!

GOLF IS ONE OF THE OLDEST SPORTS WE STILL PLAY TODAY! IT WAS DEVELOPED IN SCOTLAND IN THE MIDDLE AGES, THEN CAME TO AMERICA AROUND THE LATE 1700s. NOW THERE ARE MORE THAN 10,600 GOLF CLUBS ALL OVER THE COUNTRY!

AWESOME!

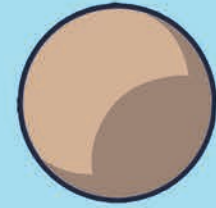
INTEGRITY:

NOUN

THE QUALITY OF BEING HONEST AND FAIR.

THE FIRST GOLF BALLS WERE MADE OF WOOD. IT WASN'T UNTIL 1908 THAT THEY BEGAN TO LOOK LIKE THEY DO TODAY.

TODAY'S GOLF BALLS HAVE DIMPLES THAT HELP THEM FLY FARTHER.



1800



1908



UNLIKE MOST OTHER GAMES, GOLF DOES NOT HAVE TEAMS, SCORE KEEPERS OR REFEREES, SO IT RELIES ON THE INTEGRITY OF THE GOLFERS TO KEEP THEIR OWN SCORE AND HAVE A GOOD, HONEST GAME.

IT'S POLITE TO TAKE THE FLAG OUT OF THE HOLE FOR YOUR FELLOW GOLFERS!

THE EARLIEST GOLF WAS PLAYED BY HITTING PEBBLES WITH A WOODEN STICK. EARLY CLUBS WERE MADE OUT OF WOOD, AND IT WASN'T UNTIL THE LATE 1800s THAT CLUBS MADE OF METAL BECAME POPULAR.



LEAD CLUB
1600



LONG NOSED
1840



RAKE IRON
1906



BRASSIE WOOD
1920

AS JOHNNIE AND MULLIGAN LEFT THE GOLF COURSE, THEY STOPPED BY THE ICE-COOL COMPLEX WHERE THE TOWN'S HOCKEY COACH, CAGE, GAVE THEM A FEW POINTERS AND A BIT OF HISTORY ABOUT THE GREAT SPORT OF HOCKEY.



HOCKEY CAN BE A VERY PHYSICAL SPORT BUT AFTER EACH GAME, IT IS TRADITIONAL FOR BOTH TEAMS TO SHAKE HANDS WITH EACH OTHER, NO MATTER WHO WON OR LOST!

BE A GOOD SPORT,
A GOOD LEADER
AND A TEAM PLAYER

IN AND OUT
OF YOUR GAME!

KNOW YOUR GAME
KNOW YOUR RULES!

THE STANLEY CUP IS THE OLDEST TROPHY OF ALL PROFESSIONAL SPORTS. THE FIRST TIME IT WAS AWARDED WAS IN 1893!



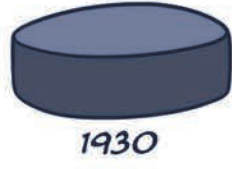
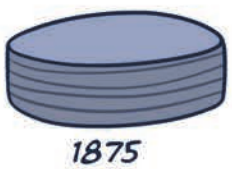
THE HOCKEY WE SEE TODAY BEGAN IN CANADA IN THE LATE 1800s. IT BECAME SO POPULAR THAT IN 1920 IT BECAME AN OLYMPIC SPORT!

AYE? THAT'S TWO THUMBS UP!



A CAGE IS THE METAL GRID ON THE FRONT OF A HELMET THAT PROTECTS THE FACE. SOMETIMES IT'S CALLED A GOAL.

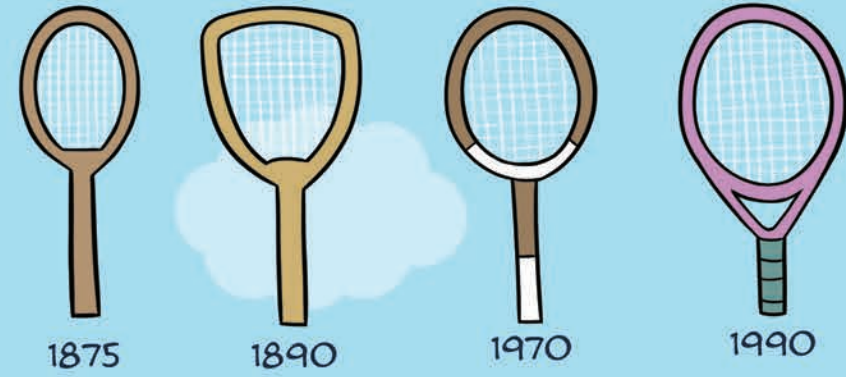
DID YOU KNOW THE WORD "PUCK" CAME FROM THE OLD ENGLISH WORD "TO POKE"?



EARLY HOCKEY WAS PLAYED USING A SLICE OF A TREE BRANCH. LATER THE PUCK WAS MADE OUT OF SLICES OF RUBBER GLUED TOGETHER, TODAY WE USE A SOLID PIECE OF RUBBER TO MAKE A PUCK.



AFTER SAYING GOODBYE TO COACH CAGE, JOHNNIE AND MULLIGAN STARTED OFF TOWARD THE SOCCER FIELD. THEY STOPPED BY THE TENNIS COURT TO SAY HI TO MARGARET LOVE. SHE HAD BEEN PLAYING TENNIS SINCE SHE WAS A LITTLE GIRL AND KNEW EVERYTHING ABOUT IT.



THE FIRST TENNIS RACKETS WERE MADE OUT OF WOOD. LATER THEY WERE MADE OUT OF METAL. TODAY'S TENNIS RACKETS ARE MADE WITH GRAPHITE, WHICH IS A VERY LIGHT METAL.

THE EARLIEST FORMS OF TENNIS WERE PLAYED BY HITTING A BALL WITH YOUR HAND. AN EARLY VERSION OF THE GAME WE PLAY TODAY WAS PLAYED AS LONG AGO AS THE 16TH CENTURY BY FRENCH PRINCES!



WHY ARE TENNIS BALLS FUZZY?

THE FELT ON THE OUTSIDE OF A TENNIS BALL MAKES IT FLY MORE SLOWLY THROUGH THE AIR, AND IT CAUSES THE BALL NOT TO BOUNCE AS HIGH!



A WINNER HAS THE RIGHT ATTITUDE, WIN OR LOSE!

WOW!

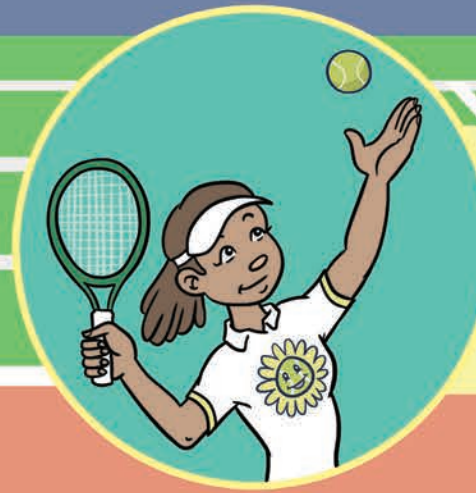


THE RAIN OR SHINE AWARD!



MARGARET WAS KNOWN FOR MAKING IT TO PRACTICE RAIN OR SHINE!

COOL!



IN TENNIS, THE SERVER CALLS THE SCORE FOR BOTH PLAYERS, WHICH MEANS SOMETIMES A PLAYER HAS TO GIVE HIM OR HERSELF THE LOWER SCORE. SO HONESTY IS A BIG PART OF TENNIS AND A BIG PART OF SPORTSMANSHIP!

FINALLY THEY ARRIVED ON THE SOCCER FIELD WHERE MULLIGAN'S SOCCER COACH, STRYKER, WAS PRACTICING SOME DRIBBLING. STRYKER TOLD THEM HOW SOCCER HAD BEEN PLAYED FOR MANY, MANY YEARS, BUT THE MODERN VERSION THE WORLD PLAYS TODAY BEGAN IN THE 1860s.

IN THE 1860s, A COMPANY BEGAN MAKING SOCCER BALLS OUT OF RUBBER! THE FIRST WORLD CUP USED A BALL MADE OUT OF LEATHER. IN 1970, THE CURRENT BLACK AND WHITE BALL WAS INTRODUCED.

MANY TIMES AFTER SOCCER MATCHES PLAYERS FROM OPPOSING TEAMS WILL TRADE JERSEYS WITH EACH OTHER IN A SHOW OF SPORTSMANSHIP.

NO TRASH TALKING

WIN OR LOSE, BE A GOOD SPORT!

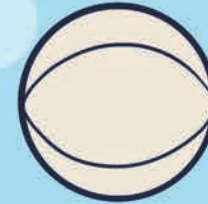
THAT'S SO AWESOME!

I'M GOING TO GIVE YOU THE SHIRT OFF MY BACK!

STELLAR! ME, TOO!



1830



1860



1910



1970



SOCCER IS A VERY POPULAR SPORT THAT IS PLAYED AROUND THE WORLD, BUT IN MOST PLACES IT'S ACTUALLY CALLED "FOOTBALL"! IN 1908, SOCCER BECAME AN OLYMPIC SPORT, AND IN 1930, THE FIRST WORLD CUP WAS HELD. IT'S THE MOST POPULAR SPORT ON TELEVISION AROUND THE WORLD!

EEEEK!



THE OLDEST SOCCER BALLS WERE ACTUALLY MADE OUT OF PIG BLADDERS!

THE SOCCER BALL WAS MADE BLACK AND WHITE SO IT WOULD BE EASIER TO SEE ON BLACK AND WHITE TV.

CHAMPIONSHIP WORD FIND

A L G H U K H T E A M W O R K K J	HANDSHAKE
H A N D S H A K E E D I G O D L L	LOSE
O L V I R U L E S A D F V U O O B	REFEREE
W D F K C C I K D O D G E R S S Z	RESPECT
B D V B O K P E L D F U G I O E P	RULES
O D F S P O R T S M A N S H I P B	SPORTSMANSHIP
Y D J F B V K S R E S P E C T C D	TEAMWORK
R E F E R E E T S L K F D U W I N	WIN



SPORTSMANSHIP PLEDGE



SPORTSMANSHIP IS THE STAR OF THE GAME WHETHER FOOTBALL, GOLF OR SOCCER. IF I FEEL LIKE TRASH TALKING AT ANY TIME, I'LL LEAVE IT IN MY SMELLY LOCKER.



I WILL RESPECT THE SPORT AND MY TEAM, THE OFFICIALS AND EVERY RULE. PLAYING MY BEST IS THE "GOAL", AND COMPETITION IS MY FUEL!



AS A PLAYER ON AND OFF THE FIELD I WILL NEVER BE MEAN OR RUDE! I WILL KEEP MY HEAD IN THE GAME AND SHOW MY WINNING ATTITUDE.

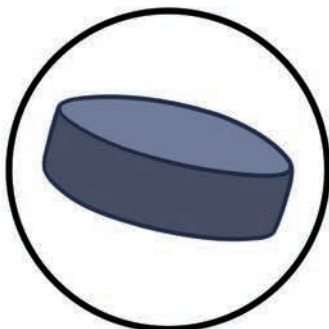
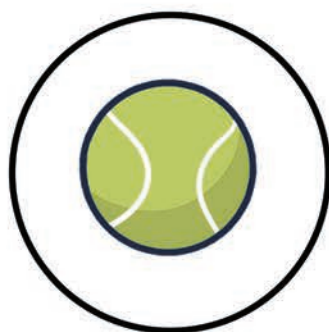


ON ALL FIELDS, COURTS AND COURSES, ALL PLAYERS ARE THE SAME. PLAYERS FOCUS ON THEIR BEST AND ALWAYS BRING THEIR A-GAME.



I WILL LEND A HAND WHEN A PLAYER IS DOWN, AND RESPECT THE COIN FLIP. I WILL ALWAYS KEEP MY HEAD IN THE GAME AND REMEMBER MY SPORTSMANSHIP!





SPORTSMANSHIP IS IMPORTANT, WIN OR LOSE!
JOHNNIE TAKES HIS FRIEND MULLIGAN THROUGH
HISTORY TO LEARN ABOUT DIFFERENT SPORTS.



KEEP THE PLANET
HEALTHY! THIS BOOK
WAS PRINTED ON
RECYCLED PAPER!



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