







2019 Player & Parent Handbook



gojrgiants.org

**This summer, you will learn a new word each week.
The more you participate, the more prizes you will earn.**



All Season	Round the Bases Reading <input type="checkbox"/> Read to the Home Run reading level (720 minutes) To earn: Giants backpack! 	Week 1 Introduction to Junior Giants <input type="checkbox"/> Attend practices/games To earn: Starter Baseball Card! 	Week 2 Health <input type="checkbox"/> Attend practices/games and complete the Healthy Habits Bingo Card To earn: Health Baseball Card and Giants water bottle!  
Week 3	Strike Out Bullying <input type="checkbox"/> Attend practices/games and submit a Strike Out Bullying Contest entry To earn: Strike Out Bullying Baseball Card and Giants arm sleeve!  	Week 4 Education <input type="checkbox"/> Attend practices/games and complete The Giant Launch team activity To earn: Education Baseball Card and STEM squishy baseball!  	Week 5 Confidence <input type="checkbox"/> Attend practices/games To earn: Confidence Baseball Card and 4 Bases Laces!  
Week 6	Teamwork <input type="checkbox"/> Attend practices/games To earn: Teamwork Baseball Card! 	Week 7 Leadership <input type="checkbox"/> Attend practices/games To earn: Leadership Baseball Card! 	Week 8 Integrity <input type="checkbox"/> Attend practices/games and collect all 8 Baseball Cards To earn: Integrity Baseball Card and Junior Giants trophy!  



TAG US ONLINE!

With parent/guardian supervision, post a picture of yourself and your teammates with your program prizes each week on Instagram, Twitter and/or Facebook. Tag @gojrgiants and be sure to use **#JRGIANTS** for a chance to win awesome prizes!





Summer 2019

Dear Junior Giants,

I hope you are excited to make new friends, play baseball or softball and learn what it means to be a Junior Giant both on and off the field. As the Junior Giants program celebrates its **25th Anniversary**, we're proud to say that you're part of its history and success.

Junior Giants is more than just baseball and softball. With the help of your coach and teammates this summer, you will learn about the Four Bases of Character Development – Confidence, Integrity, Leadership and Teamwork – as well as the importance of Education, Health and Bullying Prevention.

As you participate in each week's programs, I challenge you to apply these important lessons to your daily life – at home, in school and out on the field.

Thank you for representing the Giants in your community!
Remember to work hard, play hard and stay focused!

Your teammate,

A stylized black ink signature of Buster Posey.

Buster Posey
Junior Giants Commissioner &
San Francisco Giants Catcher



JUNIOR GIANTS

Program Overview



is



noncompetitive



and not to mention...



FUN!



JUNIOR GIANTS PROVIDES:

- Equipment
- Shirts and hats
- Prizes

NEXT STEPS FOR...

Parents:

- Download the **Junior Giants App**, available for **FREE** in the App Store.
- Take the Junior Giants University course on the app to learn more about what to expect this season.
- Encourage your child to participate in the various programs and earn prizes!
- Follow **@gojrgiants** on Instagram, Twitter and Facebook!

Players:

- Read through this handbook to learn how you can earn prizes throughout the season.
- With parent/guardian supervision, check the Junior Giants App for a special message from a Giants player.



Junior Giants is more than just baseball & softball!

2nd Base
TEAMWORK



JOE PANIK infielder

1st Base
CONFIDENCE



JOHNNY CUETO pitcher

Players will learn the
importance of the
Four Bases of Character
Development this season!

3rd Base
LEADERSHIP



EVAN LONGORIA infielder

Home
INTEGRITY



DERECK RODRÍGUEZ pitcher

WELCOME TO JUNIOR GIANTS! ←

Read this Player & Parent Handbook together with your team.

Complete this task and you've already read to 1st base in the **Round the Bases Reading Program!**



JUNIOR GIANTS CHEER!

Circle up with your team and practice the Junior Giants Cheer. You can chant this together at the end of each practice and game!

Learn the cheer online at gojrgiants.org!



JUNIOR GIANTS BASEBALL CARDS

Collect All 8 Cards!

How do you earn the cards?

Attend all practices and games to **earn all 8 cards!**

Miss a week?

If you miss a game or practice, be sure to ask your coach or team parent if they can review what you missed so you can earn your baseball card.

Junior Giants Sweepstakes!

Every week you will have the chance to enter the Junior Giants Sweepstakes and win cool prizes! Along with a parent/guardian, check out your Junior Giants baseball card for instructions on how to enter the sweepstakes at: gojrgiants.org

Golden Trophy!

Ten golden Junior Giants trophies are hidden across all the Junior Giants leagues!

If you receive a golden trophy at the end of the season, you will be invited to Oracle Park to meet Buster Posey and enjoy a game!



BUSTER POSEY
CATCHER



Get Ready for **HEALTH** Week!

- Complete five or more challenges on your Healthy Habits poster to earn a **Giants water bottle!**
- Check the Junior Giants App for a special message from a Giants player.



BRANDON CRAWFORD
INFIELDER

HEALTHY HABITS POSTER

Hang your Healthy Habits Poster up to learn fun health tips from Brandon Crawford. Complete at least five Healthy Habit activities to earn a **Giants water bottle**. Ask your coach or team parent for more information!



BELT'S BOOT CAMP!

Report to Boot Camp! Check out gojrgiants.org and follow Brandon Belt as he teaches you his favorite exercises.



POST ONLINE!

With parent/guardian supervision, post a picture/video of yourself and your teammates with your new Giants water bottles or of you all completing Belt's Bootcamp on social media using [#jrgiants](https://twitter.com/jrgiants) for a chance to be reposted by @gojrgiants and win awesome prizes!



BRANDON BELT
INFIELDER



SODA-FREE SUMMER

Stay hydrated this summer and challenge yourself to not drink soda! Try to drink at least five glasses of water every day—especially before, during and after practices/games.



SNACK TIME

"What's your favorite snack?"



**Apples and
peanut butter**

-Will Smith, Catcher

Granola bars

-Dereck Rodriguez,
Pitcher



TY BLACH
PITCHER

Try out these nutritious snacks, too!

Bananas	Yogurt
Orange slices	Almonds
Baby carrots	Watermelon
Grapes	Pretzels

SUMMER HEAT

Keep cool this summer. Remember to apply sunscreen before playing outside. Make sure to take plenty of water breaks to rest as temperatures rise. Hydrate before playing.



MARK MELANCON
PITCHER



Get Ready for **STRIKE OUT BULLYING** Week!

- Make sure to submit your **STRIKE OUT BULLYING CONTEST** entry next week! Use the entry sheet you received from your coach or team parent to artistically express the theme: **ALL DIFFERENT, ALL GIANTS**.
- Check the Junior Giants App for a special message from a Giants player.



“

I AM A JUNIOR GIANT!

I Pledge to Strike Out Bullying by...

Respecting my teammates, coaches, family and friends.

Giving up put-downs.

Standing up for what is right.

Treating **others** the way I would like to be treated.

Praising people and helping others.

Showing my friends that a **bully-free life** is more fun.

X



Sign here!

”

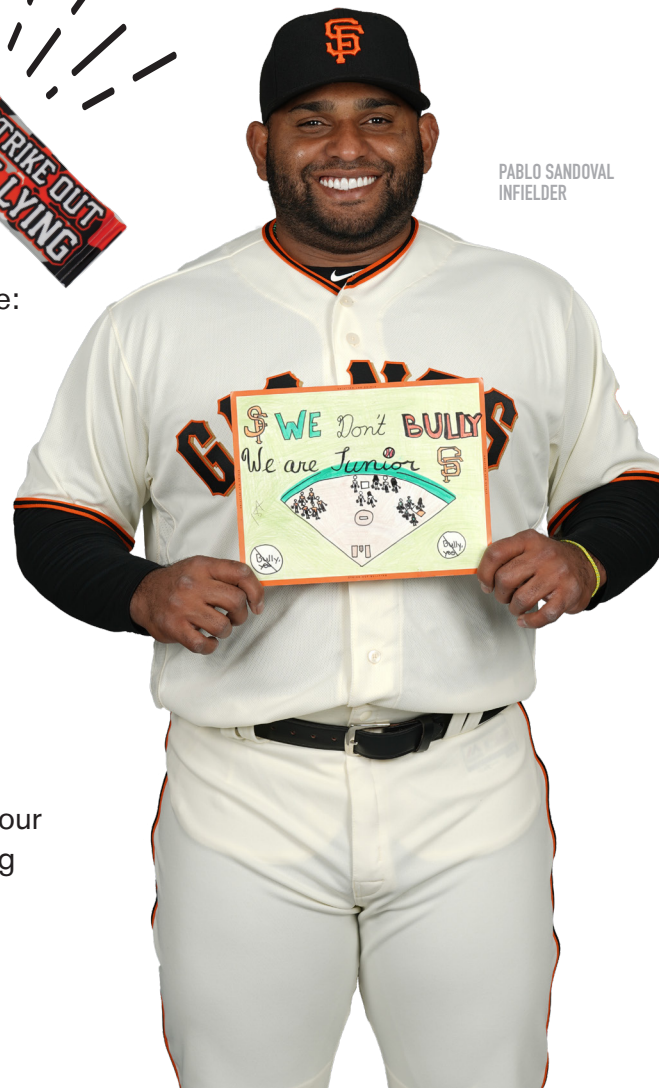


STRIKE OUT BULLYING CONTEST

- The Strike Out Bullying Contest is an opportunity for you to artistically express the Strike Out Bullying theme: **All Different, All Giants.** Being different isn't a bad thing—it's something that should be celebrated! Your background, your culture, your interests are what make you unique!
- Turn in your Strike Out Bullying Contest entry to earn a **Giants arm sleeve!**
- Please refer to your Strike Out Bullying Contest entry form that your coach or team parent handed out for more information.

POST ONLINE!

- With parent/guardian supervision, post a picture of yourself sporting your new Giants arm sleeve or with your Strike Out Bullying Contest entry on social media using **#jrgiants** for a chance to be reposted by @gojrgiants and win awesome prizes!



PABLO SANDOVAL
INFILDER

WHAT IS BULLYING?

Bullying is when one person or a group of people scare or hurt someone else over and over again. Bullying is often done on purpose and it can happen anywhere, such as at school, in the park, on a sports team or even at home. There are many types of bullying.



Bullying can be:

- Leaving someone out of group activities on purpose.
- Giving someone the "silent treatment."
- Making fun of someone for being "different."
- Name-calling, teasing, gossiping and/or spreading rumors.
- Threatening and scaring others.
- Hitting, punching and shoving.
- Cyberbullying – Using the Internet, social media, text messages and/or email to hurt others.

WHAT CAN I DO IF I SEE SOMEONE BEING BULLIED?

Although you may not be directly involved in the bullying, there may be times when you see others being bullied. Even though it may be easier to stand by and watch, here's how you can make a difference:

1. Stand up for the victim.
2. Don't join in on bullying.
3. Stop the rumors.
4. Tell an adult.

**PARENTS, learn
more at
stopbullying.gov**



Get Ready for **EDUCATION** Week!

- Continue reading towards the Home Run level in the **ROUND THE BASES READING PROGRAM**. Encourage your team to read with you!
- Check the Junior Giants App for a special message from a Giants player.

Week FOUR

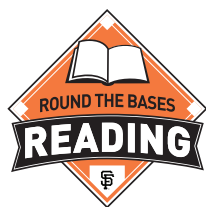
EDUCATION ←



Return your
completed Reading
Scorecard to your
coach/team parent
by
JULY 13th



ROUND THE BASES READING PROGRAM



1st BASE: Read this Player & Parent Handbook

2nd BASE: Read for 240 minutes

3rd BASE: Read for 480 minutes

HOME RUN: Read for 720 minutes and receive a **Giants backpack!**

JUNIOR GIANTS FESTIVAL

If your **ENTIRE TEAM*** reaches the Home Run level, you all will be eligible to attend the Junior Giants Festival at Oracle Park later this summer! **For Minor teams and older only.*

POST ONLINE!

With parent/guardian supervision, post a picture of yourself sporting your new Giants backpack on social media using **#jrgiants** for a chance to be reposted by @gojrgiants and win awesome prizes!

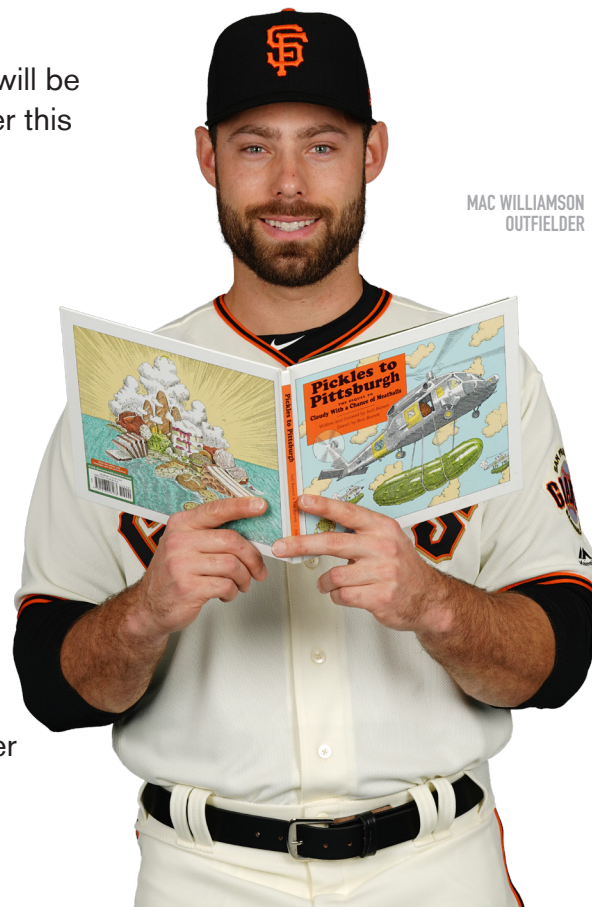


GIANTS FAVORITE CHILDHOOD BOOKS:

Buster Posey: **The Giving Tree** by Shel Silverstein

Brandon Crawford: **Harry Potter Series** by J. K. Rowling

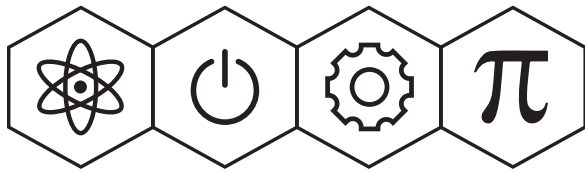
Joe Panik: **A Catcher with a Glass Arm** by Matt Christopher



MAC WILLIAMSON
OUTFIELDER

WHAT IS S.T.E.M.?

SCIENCE TECHNOLOGY ENGINEERING MATHEMATICS



Science and math play a big role
in both baseball and softball!



The Giant Launch

This week at the field, you will be participating in a STEM focused activity with your team called The Giant Launch.

You and your teammates will take turns launching your squishy baseballs across the field and ultimately learn how STEM exists in sports! Here are some important words you will learn:

- **Trajectory:** The path an object (ball) takes while moving through the air
- **Matter:** Anything that takes up space.
- **Mass:** Measure of matter, usually in weight.
- **Angle:** The space between two lines that cross. This is usually measured in degrees.



SUMMER SLUGGER

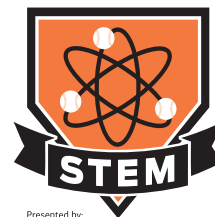
Want more practice with reading and math? Head to **summerslugger.com** to complete online lessons this summer. Your league will provide you a unique login code to access the fun!

Ask your Commissioner or Ambassador for more information.



WILL SMITH
PITCHER

JUNIOR GIANTS



Presented by:



WEEK 5:
CONFIDENCE



Get Ready for **CONFIDENCE** Week!

- Think of ways you can help yourself and others be more confident on and off the field.
- Check the Junior Giants App for a special message from a Giants player.

HOW DO I HAVE CONFIDENCE IN MYSELF?

- Focus on giving 100%. Never give up!
- Don't let the fear of mistakes stop you. Learn from them!
- Have faith in yourself, your abilities and your team, both on and off the field.
- Ask questions! Questions are a great way to get the information you need to be successful.

EARN YOUR 4 BASES LACES!

By attending practices/games this week, you will earn your 4 Bases Laces! Lace them up in your shoes and use them as a reminder of all the important lessons you learned with Junior Giants this summer.



POST ONLINE!

With parent/guardian supervision, post a picture of yourself sporting your new 4 Bases Laces on social media using **#jrgiants** for a chance to be reposted by @gojrgiants and win awesome prizes!



CAN YOU FIND THE HIDDEN WORDS?

They may be listed forward, backward or even diagonal!

BASEBALL

BASES

BAT

CONFIDENCE

FIELD

GLOVE

GIANTS

HOMERUN

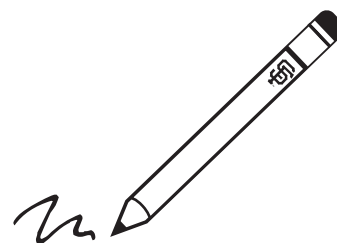
INTEGRITY

LEADERSHIP

SOFTBALL

TEAMWORK

A N V Z E W I T E A M W O R K L K X
 K W Z S T F N W F K P E D J T N P S
 A D U J P S T D C I H C N J N K Y R
 R L K Y K D E F H G D N L X Z B M F
 A E B E L Q G S Z F E E D L Q A J B
 N I M X O V R E A L E D P L Z S T T
 F F L V T E I B C B A I X A C E P H
 I B B F D H T B S T U F B B I B N J
 B C A A P G Y T B P I N W T Z A U F
 A Y E H T J N U R E M O H F J L O M
 S L E A Y A M A J D O C O O B L T L
 E N P A I B Q B O W Z L K S X R U A
 S E D G O J Y S D W R B B P N E N B
 G H P C F T T E V O L G G I S W P X





“When you have confidence in yourself, anything is possible.”
– Johnny Cueto



Get Ready for **TEAMWORK** Week!

- Start thinking of ways you can be a great teammate at the field next week!
- Keep reading towards the Home Run level in the Round the Bases Reading Program. **Scorecards are due July 13th!**
- Check the Junior Giants App for a special message from a Giants player.

HOW CAN I BE A GOOD TEAMMATE?

- Work together to help your coach set up the field at practices/games.
- Never let the game come between you and your friends.
- Tell your teammates what they are doing well.
- Recognize that everyone has an important role on the team.

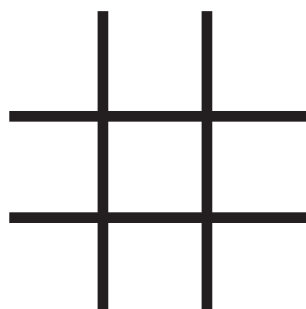
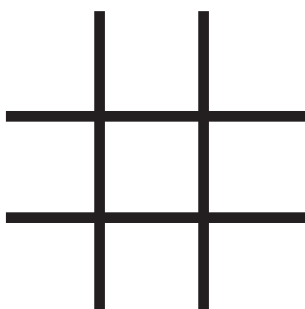
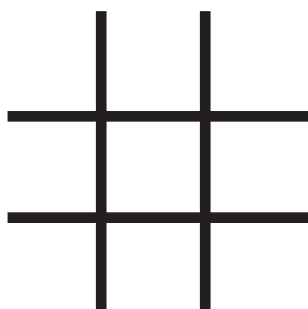
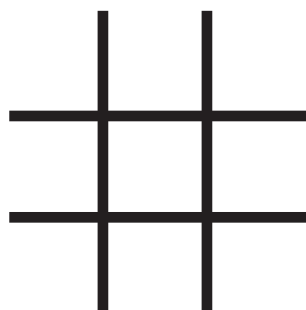
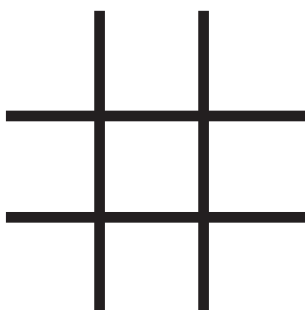
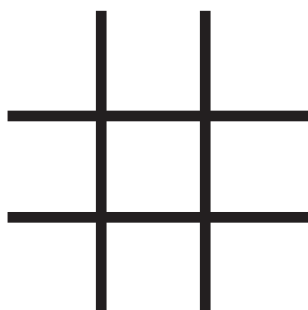
CHEER CHALLENGE

Remember the Junior Giants Cheer you learned during Week 1?

Have your coach/team parent take a video of your team chanting the Junior Giants Cheer together this week! Post on social media using **#JRG Cheer** for chance to win a Giants prize for your entire team!

PLAY TIC-TAC-TOE WITH A FRIEND!

Taking turns, connect three **X's** or **O's** across, up and down or diagonally to complete the game.





“Teamwork doesn’t stop
once you leave the field.
– Joe Panik”



Get Ready for **LEADERSHIP** Week!

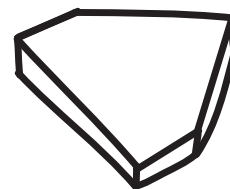
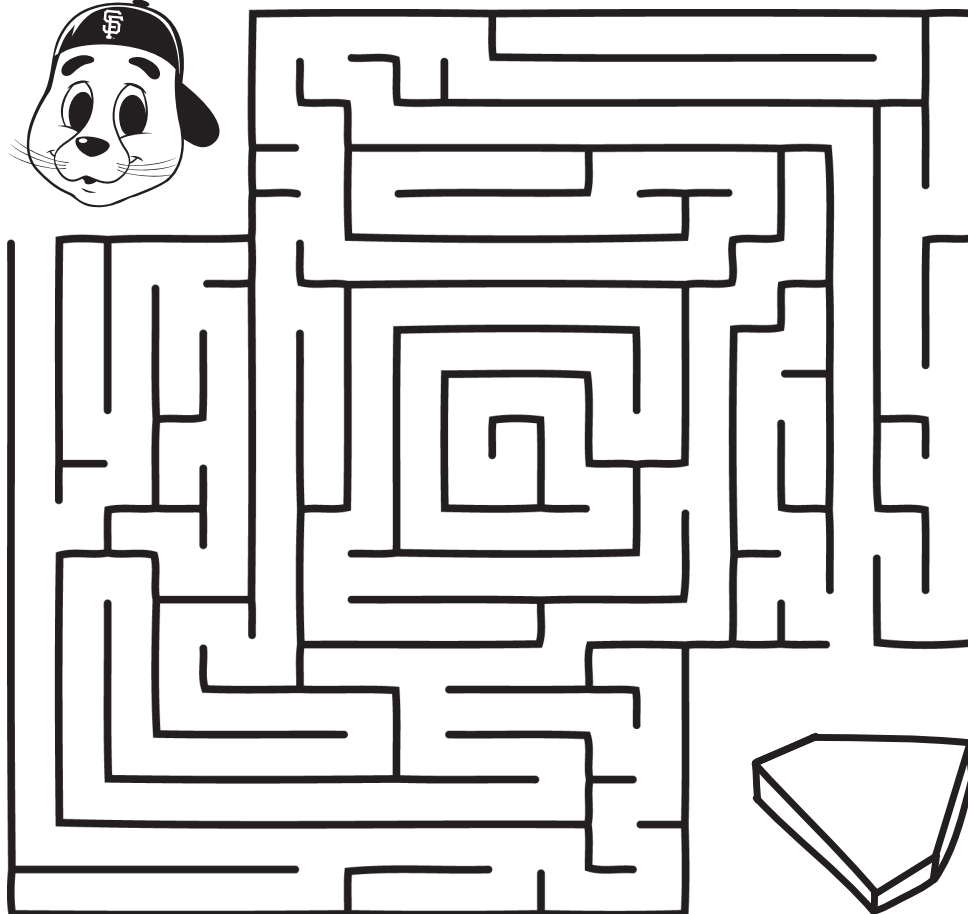
- Start thinking of ways you can be a leader on and off the field!
- Check the Junior Giants App for a special message from a Giants player.

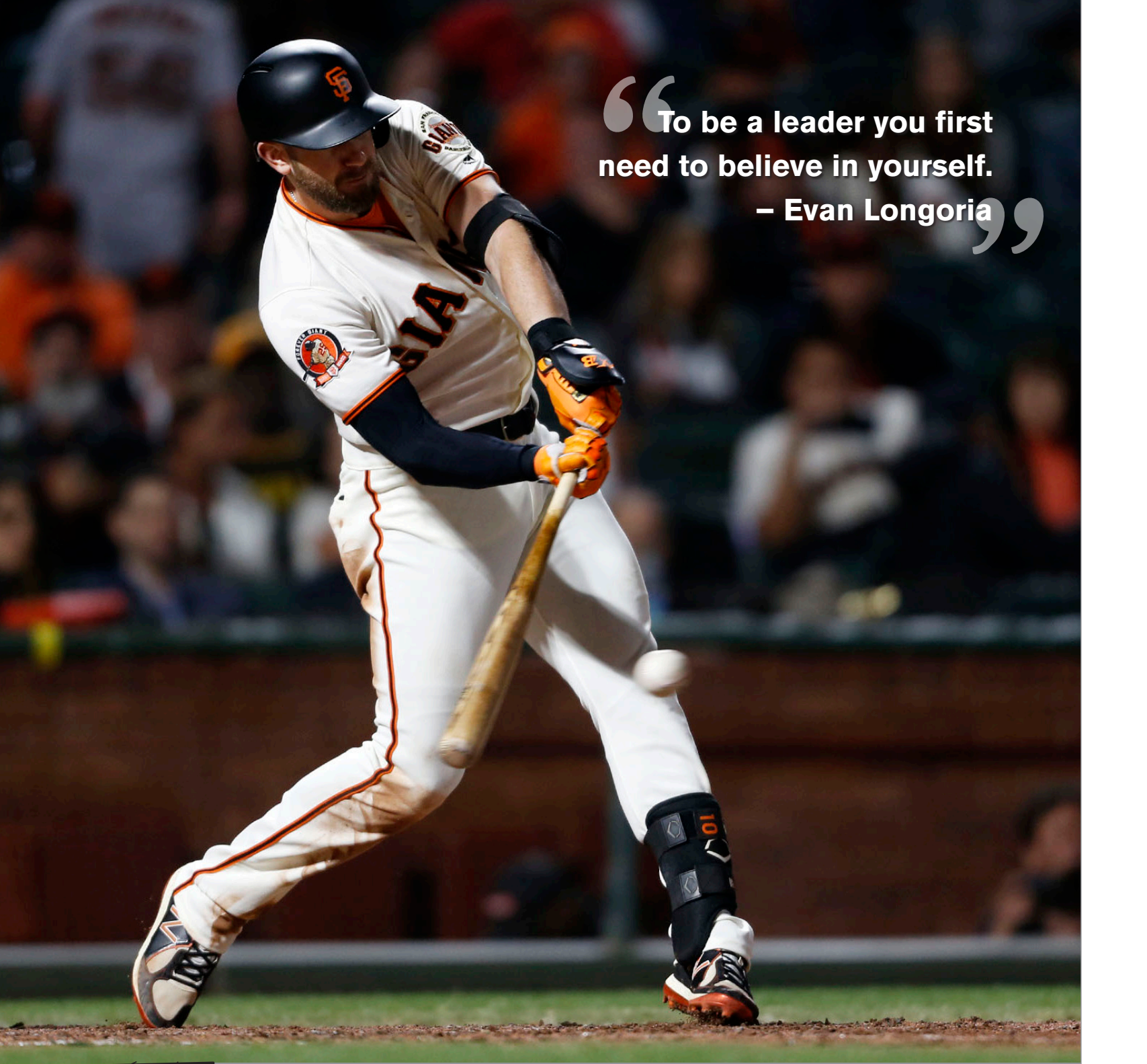
HOW CAN I BE A GOOD LEADER?

- Think of what is best for the team.
- Volunteer to help your coach and teammates.
- Recognize the efforts of your teammates.
- Lead by example—be a role model for those around you.



Lead
Lou Seal to
home plate!





“To be a leader you first
need to believe in yourself.

– Evan Longoria”



Get Ready for **INTEGRITY** Week!

- Start thinking of ways you can have integrity at home, at school and on the baseball/softball diamond!
- Ask your coach to help you make up any lessons you may have missed to earn all 8 of your Junior Giants Baseball Cards.
- Check the Junior Giants App for a special message from a Giants player.

HOW CAN I HAVE INTEGRITY?

- Treat family, friends and teammates with respect.
- Make the right choices, even if they are tough ones.
- Do the right thing when nobody is watching.
- Be honest with yourself.
- Stand up for what you think is right, even when others take a different path.



DID YOU EARN ALL 8 BASEBALL CARDS?

If you haven't, ask your coach to help you make up the lessons you missed. Once you've collected all 8 cards, you've earned a **Junior Giants trophy!**

POST ONLINE!

With parent/guardian supervision, post a picture of yourself and your team at your last practice/game of the season on social media using **#jrgiants** for a chance to be reposted by @gojrgiants and win awesome prize!



Can you spot the 5 differences in these pictures? ➔

1. _____

2. _____

3. _____

4. _____

5. _____





“Integrity is the most important quality of any athlete.
– Dereck Rodriguez”

JUNIOR GIANTS WILLIE MAC AWARD

Named in honor of the San Francisco Giants Hall of Famer Willie McCovey, this award is the Junior Giants version of the annual award given to a Giants player by his teammates each year. Mr. McCovey, who passed away in 2018, was a loyal Junior Giants supporter and was passionate about providing children the opportunity to play the game he loved.



The Junior Giants Willie Mac Award will go to one outstanding Junior Giants player and coach/team parent that best represent their league, as chosen by their Commissioner.

A Junior Giants Willie Mac recipient exemplifies **CONFIDENCE, INTEGRITY, LEADERSHIP AND TEAMWORK** on and off the field. Junior Giants Willie Mac Award winners are recognized during a home plate ceremony at Oracle Park and invited to a special luncheon after the season where they receive their award.



HARMON AND SUE BURNS SCHOLARSHIP

The Harmon and Sue Burns Scholarship Program is named in honor of the late Giants owners Harmon and Sue Burns who were generous supporters of the Giants Community Fund and the Education Committee.

ENTERING 8TH GRADE?

If so, you're eligible to apply! Each year, **10** Harmon and Sue Burns Scholars are selected to receive special support during high school and a **\$5,000** scholarship after graduation.

You don't have to be an A+ student to be a Harmon and Sue Burns Scholar. Scholars are selected on the basis of leadership, character, academic potential and Junior Giants involvement. Harmon and Sue Burns Scholars are honored at an on-field ceremony at Oracle Park and receive a personalized jersey when they graduate from high school.



**APPLICATIONS
DUE
JULY 14th**
Go to gojrgiants.org
to apply.

Special thanks to the Burns Family Foundation who generously underwrites the cost of the Harmon and Sue Burns Scholarship Program and to Franklin Templeton Investments for their donation to support the Road the College Workshop and Education Day.



Giants Community Fund

The Giants Community Fund is a public charity with a tie to the great game of baseball and softball, sports that convene people of all ages and from all walks of life. We are honored to have played an active role in our community by providing programs for youth since 1991. We work year-round to ensure that communities are reached with important initiatives in Health, Education, and Violence Prevention.

Junior Giants is part of Major League Baseball's Reviving Baseball in Inner Cities (RBI) youth outreach program designed to give youth the opportunity to play baseball and softball, encourage academic success and teach the value of teamwork. For more information, please visit MLB.com/rbi or MLBCommunity.org.



A Giant Thank You!

On behalf of the Giants Community Fund, we would like to extend a GIANT THANK YOU to all those who make this program possible. Each year, over 5,000 coaches, team parents, other volunteers and thousands of donors and partners combine their efforts to bring a special brand of baseball and softball to over 24,000 young people. We would like to express our heartfelt thanks to:

All Pro Baseball Group
Bank of America
Burns Family Foundation
California Police Activities League
California Polytechnic State University, San Luis Obispo
Chevron
Chromagraphics
Coaching Corps
Dignity Health
EVERFI
Franklin Templeton Investments
Fresno Grizzlies
Friends of Camp Concord
Good Tidings Foundation
Ivania Angel Design
KNBR
Masons of California
Michael Pritchard

Mindflash
NBC Sports Bay Area
Norman S. Wright Mechanical Equipment Corporation
PG&E
Positive Coaching Alliance
Robert A. Bothman, Inc.
SAE Expression College
San Francisco Public Library
San Jose Giants
Sacramento River Cats
Soul Shoppe
Sports Engine
The Guardsmen
TransPerfect
W2O
Wender Weis Foundation for Children
... and to all coaches, parents and volunteers!

Giants Community Fund Staff

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Paul Giuliaci, Deputy Director
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Cassandra Hofman, Manager, Junior Giants and Special Projects
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Bailey Rodriguez, Senior Coordinator, Junior Giants
Chrissy Camilleri, Junior Giants Coordinator
Drew Ziegler, Development Coordinator
Laura Porter, Finance
Brittany Chin, Junior Giants Intern
Megan Graciano, Development Intern

Three Cheers For:

BANK OF AMERICA 

We are grateful to Bank of America for stepping up to the plate as the Presenting Sponsor of the Junior Giants program. Now in its 16th year, Bank of America's partnership allows the Junior Giants program to continue to reach youth across three states. We look forward to our partnership for years to come!

Junior Giants Hall of Fame

Ray Askew
Dusty Baker
Bruce Bochy
Burns Family Foundation
Rick Enos
Ron Exley
Angel Gonzalez
Bob & Lorry Greenberg

Heather Grigsby
Jim Hale
Jeff Hammar
Larry Harper
Kathy Hausman
Brandon Hill
Peter Magowan
Willie Mays

Willie McCovey
Ken McCulloch
Eric Miller
Michael Pritchard
Juan Reyes
Mike Rodriguez
Gene Tate
Walt & Barbara Velasquez

Kendee Vance
Ana Villalobos





BANK OF AMERICA

JUNIOR GIANTS LEAGUES

WE'D LOVE TO HEAR FROM YOU!

To provide feedback about the program, please contact:

Giants Community Fund

24 Willie Mays Plaza

San Francisco, CA 94107

Phone: 1.877.JR.GIANT

Email: jrgiants@sfgiants.com

gojrgiants.org

Follow us on social media:

f Junior Giants **🐦 @gojrgiants** **#jrgiants**

Carson City

South Lake Tahoe



90 Leagues

370 Cities Served

24,000 Girls and Boys

5,000 Coaches and Team Parents

All photos courtesy of the San Francisco Giants.