



# Portland Sea Dogs BRUSH & FLOSS CHALLENGE 2026



PRESENTED BY NORTHEAST DELTA DENTAL  DELTA DENTAL

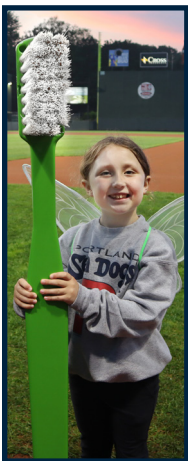
## EARN A FREE TICKET TO SEE THE SEA DOGS!

The Portland Sea Dogs and **Northeast Delta Dental** want your children to have healthy teeth and gums. We ask them to brush twice and floss once daily during a one-week time period to earn a ticket for a 2026 game at Delta Dental Park! We hope this challenge will encourage your children to continue a daily oral health routine that will last a lifetime



### 2026 BRUSH & FLOSS GAME DATES

- FRI **JUN 19** 6:00 PM | vs Somerset Patriots (AA Yankees)
- FRI **JUL 3** 6:20 PM | vs Altoona Curve (AA Pirates)
- SUN **AUG 16** 1:00 PM | vs Binghamton Rumble Ponies (AA Mets)
- SAT **AUG 22** 1:00 PM | vs Reading Fightin Phils (AA Phillies)



### HOW DOES IT WORK?

1. Children must be 16 years of age or younger to participate.
2. Brush twice and floss once daily for seven consecutive days. *(Use the checklist below to help you keep track!)*
3. After finishing the challenge, scan the QR code to fill out the online form.
4. Choose one of the available dates for your child's free ticket.
5. Additional tickets can be purchased when you choose your child's free ticket. *(Tickets subject to availability)*
6. When claiming your tickets, be sure to enter your dental office provider when prompted to give them recognition!



	SUN	MON	TUE	WED	THU	FRI	SAT
1 <sup>ST</sup> BRUSH	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 <sup>ND</sup> BRUSH	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FLOSS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Good oral health contributes to overall health.  
Brushing and flossing daily helps keep kids' teeth and gums healthy.*



Questions? Please contact Emily Morin at (207) 879-9500 or [emily@seadogs.com](mailto:emily@seadogs.com)

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