

*FredNats*

# HEALTH AND WELLNESS DAY

WEDNESDAY, MAY 7TH • GATES: 9AM • GAME: 11:05AM

Enjoy a fun-filled day of fitness activities and baseball! Students will have the opportunity to participate in fitness activities led by local trainers from the Rappahannock Area YMCA in competition with other students before the game starts. All students will be provided a lunch upon arrival, with teachers distributing the lunches to the students.

**\$6  
TICKETS**



Staff and bus drivers are free!



**FREE  
LUNCHES**



Hot Dog, Chips, Cookie &  
Bottled Water

Absolutely the Best!  
**FH FURR**  
FUTURES • REALITY • ANIMATIONS • TELEVISION

ALL EDUCATION DAYS ARE PRESENTED BY



Please fill out all of the information below in order to reserve your spot for an Education Day game! All orders must be finalized **12 days before your selected game date**, and tickets are first come, first served, based on availability.

If you have any questions, please contact Quentin Johnson Jr. at 540-870-0033 or qjohnson@frednats.com.

School: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Game Date: May 7th

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_



School bus parking is FREE!

## TICKETS

Student Tickets **\$6.00** x \_\_\_\_\_ = \$ \_\_\_\_\_  
QUANTITY TOTAL

Teacher/Bus Driver Tickets **FREE** \_\_\_\_\_  
QUANTITY

Student Lunches **FREE** \_\_\_\_\_  
QUANTITY

Teacher/Chaperone Lunches **\$6.00** x \_\_\_\_\_ = \$ \_\_\_\_\_  
QUANTITY TOTAL

Buses **FREE** \_\_\_\_\_  
QUANTITY

Total Amount Due: \$ \_\_\_\_\_

## PAYMENT INFORMATION

CHECK ONE BELOW

\_\_\_ **Credit Card:** Circle One **VISA MC AMEX DS**  
The FredNats will contact you to finalize credit card payments

\_\_\_ **Check** Please make payable to SAJ Baseball LLC

\_\_\_ **Cash**  
Please contact the FredNats to finalize order and payment.

Mail orders to: Fredericksburg Nationals  
Attn: Education Day  
42 Jackie Robinson Way  
Fredericksburg, VA 22401