

## Catering Areas Ingredients 2026

### ***Picnic:***

**Hamburgers**- Beef, water, spice, salt, American cheese (optional)

Rockland Bakery Hamburger Bun- Enriched wheat flour (wheat flour malted barley flour, Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

American Cheese- Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Citric Acid, Enzymes, Soy Lecithin, Color Added. Contains: Milk, Soy

**Hot Dogs**- beef, water, salt, contains less than 2% sorbitol, flavoring, potassium lactate, paprika, garlic powder, hickory smoke flavor, sodium diacetate, sodium erythorbate, sodium nitrate.

Rockland Bakery Hot Dog Bun- Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

**Pulled Pork (22 West)**- PORK RUB GRANULATED GARLIC, GRANULATED ONION, MONOSODIUM GLUTAMATE, SALT, PARSLEY, CUMIN, OREGANO, TRICALCIUM PHOSPHATE (ANTICAKING AGENT).BBQ SAUCE Sugar, Distilled Vinegar, Water, Tomato Paste, Molasses, Modified Potato Starch, Salt, Contains Less Than 2% Of Natural Smoke Flavor, Mustard Flour, Spice, Paprika, Onion, \* Garlic,\* Caramel Color, Maltodextrin, Chili Powder (Chili Pepper, Spice, Salt, Garlic), Autolyzed Yeast Extract, Natural Flavor.

Kikkoman Glaze- Soy Sauce (Water, Soybeans, Wheat, Salt), Sugar, Water, Modified Corn Starch, Onion Juice, Vinegar, Natural Flavor, Garlic Powder, Malic Acid, Spice, Sodium Benzoate: Less than 1/10 of 1% as a preservative, Disodium Inosinate, Disodium Guanylate

BBQ Sauce- HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, TOMATO PASTE, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SALT, PINEAPPLE JUICE CONCENTRATE,

NATURAL SMOKE FLAVOR, SPICE, CARAMEL COLOR, MOLASSES, SODIUM BENZOATE (PRESERVATIVE), GARLIC, \* MUSTARD FLOUR, CORN SYRUP, SUGAR, TAMARIND, NATURAL FLAVOR, CELERY SEED. \*DRIED

**Black Bean Veggie Burger**- Carrots, Onions, String Beans, Oat Bran, Soybeans, Zucchini, Expeller Pressed Canola Oil, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Peppers, Arrowroot Powder, Corn Starch, Garlic, Corn Meal, Sea Salt, Spices, lettuce, tomato

**Rockland Bakery Hamburger Bun**- Enriched wheat flour (wheat flour malted barley flour. Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearyl lactylate, ascorbic acid, enzymes, soybean oil.

**Macaroni and Cheese**- WATER, ENRICHED MACARONI (semolina, egg white, glycerol monostearate, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), SOYBEAN OIL, SOUR CREAM (cultured pasteurized light cream and nonfat milk, modified corn starch, sodium phosphate, guar gum, sodium citrate, carrageenan, locust bean gum), MODIFIED FOOD STARCH, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt, enzymes], buttermilk solids, butter), CREAM, SODIUM PHOSPHATES, BUTTER FLAVORING (whey solids, enzyme-modified butter [butter, buttermilk powder, enzymes], maltodextrin, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto and turmeric [for color]), SALT, TOASTED CHEDDAR BASE (natural cheddar cheese flavor [cheddar cheese (pasteurized milk, cultures, salt, enzymes), water, whey, dry milk, salt, disodium phosphate], salt, yeast extract, corn oil, butter [cream], cream solids, whey, sugar, spice, disodium inosinate and disodium guanylate, natural flavor), PARMESAN CHEESE FLAVOR BASE (parmesan cheese concentrate [granular cheese and parmesan cheese (pasteurized milk, cultures, salt, enzymes), water, salt, natural flavor, citric acid], salt, yeast extract, parmesan cheese [pasteurized milk, cultures, salt, enzymes], butter [cream], corn oil, olive oil, sweet cream, sugar, onion powder, garlic powder, natural flavor), LACTIC ACID, TITANIUM DIOXIDE.

**Ballpark Coleslaw**- Cabbage, mayonnaise (soybean oil, water, egg yolks, vinegar, high fructose corn syrup, salt, spice, calcium disodium EDTA), sugar, carrot, water, salt, vinegar, citric acid, ascorbic acid, soybean oil, spice, potassium sorbate and sodium benzoate

**Epic Chocolate Chip Cookies**- enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla, salt), brown sugar, sugar, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene color), butter, eggs, invert sugar, molasses, salt, baking soda, natural vanilla flavor.

**Epic Oatmeal Raisin Cookies**- European Butter (83% butter fat), granulated sugar, brown sugar, whole eggs, pure vanilla extract, flour, rolled oats, cinnamon, sugar, apple juice, baking soda, salt. Raisins

**Lay's Potato Chips**- Potatoes, Vegetable Oil (Canola, Corn, Soybean, And/or Sunflower Oil), And Salt

## ***SK Club:***

**Hot Dogs**- beef, water, salt, contains less than 2% sorbitol, flavoring, potassium lactate, paprika, garlic powder, hickory smoke flavor, sodium diacetate, sodium erythorbate, sodium nitrate.

**Rockland Bakery Hot Dog Bun**- Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

**Chicken Tenders**-Portioned chicken tenders with rib meat, water, salt, sodium phosphates, seasoning [flavors, maltodextrin, sugar, salt, vegetable stock (carrot, onion, celery), garlic powder], modified food starch. BREADED WITH: wheat flour, water, contains 2% or less of: extractives of paprika and turmeric, dextrose, disodium inosinate and disodium guanylate, garlic powder, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), onion powder, salt, spices, wheat gluten. Breeding set in vegetable oil.

**Penne Vodka**- SEMOLINA (WHEAT), DURUM WHEAT FLOUR, VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.

**Vodka Sauce**- Heavy Cream, Milk, Contains Less than 0.5% of: Carrageenan, Mono and Diglycerides, Polysorbate 80. FRESH VINE-RIPENED UNPEELED GROUND TOMATOES, TOMATO PUREE, DEHYDRATED ONIONS, EXTRA VIRGIN OLIVE OIL, SALT, GARLIC POWDER AND SPICES. Italian herbs, vodka, Romano cheese, Parmesan cheese, basil

**Grilled Bourbon Chicken**- Chicken breast meat, water, salt, baking soda, natural flavoring, Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Molasses, Cayenne Pepper Sauce (Cayenne Red Peppers, Vinegar, Water, Salt, Garlic Powder), Onion Puree, Modified Cornstarch, 2% Or Less of Vinegar, Corn Oil, Salt, Caramel Color, Spice, Xanthan Gum, Natural Flavors. Contains wheat and soy

**Sausage and Peppers**- Pork, less than 2% of water, sugar, salt, spices (including fennel & black pepper), potassium chloride, paprika, natural flavors, peppers, onions.

**Rockland Bakery Club Roll Sliced**- Enriched wheat flour (Wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, base (Salt, soybean oil, dextrose, sugar, defatted soy flour, monoglycerides, calcium, Stearoyl lactylate, potassium iodate, soy lecithin, ascorbic acid, enriched wheat flour, L-cysteine hydrochloride, enzymes, soybean oil, wheat gluten, yeast, corn meal

**Garden Salad**- romaine and iceberg lettuce, sliced carrots, cucumbers, cherry tomatoes

**Ken's Ranch Dressing**- SOYBEAN OIL, WATER, CULTURED BUTTERMILK, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, BUTTERMILK SOLIDS, CONTAINS LESS THAN 2% OF SALT, EGG YOLK, ONION,\* MONOSODIUM GLUTAMATE, GARLIC, \* XANTHAN GUM, LACTIC ACID, NATURAL FLAVOR, POLYSORBATE 60, POTASSIUM SORBATE (PRESERVATIVE), PHOSPHORIC ACID, PROPYLENE GLYCOL ALGINATE, SPICE. \*DRIED CONTAINS: EGG, MILK

**Ken's Balsamic Dressing**- WATER, HIGH FRUCTOSE CORN SYRUP, BALSAMIC VINEGAR (WINE VINEGAR, CONCENTRATED GRAPE MUST, CAMEL COLOR), RED WINE VINEGAR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), OLIVE OIL, CONTAINS LESS THAN 2% OF SALT, DRIED GARLIC, XANTHAN GUM, SPICE, SODIUM ALGINATE, PROPYLENE GLYCOL ALGINATE, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), SULFITING AGENTS.

**Baby Baker Potatoes**- POTATOES, OLIVE OIL, CONTAINS LESS THAN 2% OF GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, SALT, SPICE, SUGAR, VINEGAR POWDER (MALTODEXTRIN, VINEGAR)

**Hamburgers**- Beef, water, spice, salt, American cheese (optional)

**Rockland Bakery Hamburger Bun**- Enriched wheat flour (wheat flour malted barley flour. Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

American Cheese- Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Citric Acid, Enzymes, Soy Lecithin, Color Added. Contains: Milk, Soy

Epic Chocolate Chip Cookies- enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla, salt), brown sugar, sugar, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene color), butter, eggs, invert sugar, molasses, salt, baking soda, natural vanilla flavor.

Brownies- sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanillin), brown rice flour, gluten-free whole oat flour, potato starch, tapioca starch, invert sugar, natural vanilla flavor, salt, xanthan gum, baking soda

## ***Diamond Club:***

### ***Station 1***

**Grilled Bourbon Chicken**- Chicken breast meat, water, salt, baking soda, natural flavoring, Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Molasses, Cayenne Pepper Sauce (Cayenne Red Peppers, Vinegar, Water, Salt, Garlic Powder), Onion Puree, Modified Cornstarch, 2% Or Less of Vinegar, Corn Oil, Salt, Caramel Color, Spice, Xanthan Gum, Natural Flavors.

**Chicken Tenders**-Portioned chicken tenders with rib meat, water, salt, sodium phosphates, seasoning [flavors, maltodextrin, sugar, salt, vegetable stock (carrot, onion, celery), garlic powder], modified food starch. BREADED WITH: wheat flour, water, contains 2% or less of: extractives of paprika and turmeric, dextrose, disodium inosinate and disodium guanylate, garlic powder, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), onion powder, salt, spices, wheat gluten. Breeding set in vegetable oil.

**Chicken Parmesan**- Chicken Breast, Water, Salt, Baking Soda, Flavoring. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, contains 2% or less of the following: dextrose, disodium inosinate and disodium guanylate, extractives of paprika, annatto and turmeric, garlic powder, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), onion powder, spice, sugar, wheat gluten, yeast, yeast extract, yellow corn flour. Breeding set in vegetable oil.

**Marinara Sauce**- fresh vine-ripened unpeeled ground tomatoes, tomato puree, dehydrated onions, extra virgin olive oil, salt, garlic powder and spices.

**Parmesan Cheese**- Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Parmesan Style Cheese: (Corn Starch, Water, Palm Oil, Cellulose, Salt, Natural Flavor, Caseinate, Sorbic Acid (as a preservative), Annatto), Powdered Cellulose added to prevent caking, Natamycin (A Natural Mold Inhibitor).

**Pulled Pork (22 West)**- PORK RUB GRANULATED GARLIC, GRANULATED ONION, MONOSODIUM GLUTAMATE, SALT, PARSLEY, CUMIN, OREGANO, TRICALCIUM PHOSPHATE (ANTICAKING AGENT).BBQ SAUCE Sugar, Distilled Vinegar, Water, Tomato Paste, Molasses, Modified Potato Starch, Salt, Contains Less Than 2% Of Natural Smoke Flavor, Mustard Flour, Spice, Paprika, Onion, \* Garlic,\* Caramel Color, Maltodextrin, Chili Powder (Chili Pepper, Spice, Salt, Garlic), Autolyzed Yeast Extract, Natural Flavor.

**Kikkoman Glaze**- Soy Sauce (Water, Soybeans, Wheat, Salt), Sugar, Water, Modified Corn Starch, Onion Juice, Vinegar, Natural Flavor, Garlic Powder, Malic Acid, Spice, Sodium Benzoate: Less than 1/10 of 1% as a preservative, Disodium Inosinate, Disodium Guanylate

**BBQ Sauce**- HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, TOMATO PASTE, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SALT, PINEAPPLE JUICE CONCENTRATE, NATURAL SMOKE FLAVOR, SPICE, CARAMEL COLOR, MOLASSES, SODIUM BENZOATE (PRESERVATIVE), GARLIC, \* MUSTARD FLOUR, CORN SYRUP, SUGAR, TAMARIND, NATURAL FLAVOR, CELERY SEED. \*DRIED

**Hamburgers**- Beef, water, spice, salt, lettuce, tomato, onions, pickle chips

**Rockland Bakery Hamburger Bun**- Enriched wheat flour (wheat flour malted barley flour. Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearyl lactylate, ascorbic acid, enzymes, soybean oil.

**American Cheese**- Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Citric Acid, Enzymes, Soy Lecithin, Color Added. Contains: Milk, Soy

**Hot Dogs**- beef, water, salt, contains less than 2% sorbitol, flavoring, potassium lactate, paprika, garlic powder, hickory smoke flavor, sodium diacetate, sodium erythorbate, sodium nitrate.

**Rockland Bakery Hot Dog Bun**- Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearyl lactylate, ascorbic acid, enzymes, soybean oil.

**Sausage and Peppers**- Pork, less than 2% of water, sugar, salt, spices (including fennel & black pepper), potassium chloride, paprika, natural flavors, peppers, onions.

**Rockland Bakery Club Roll Sliced**- Enriched wheat flour (Wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, base (Salt, soybean oil, dextrose, sugar, defatted soy flour, monoglycerides, calcium, Stearoyl lactylate, potassium iodate, soy lecithin, ascorbic acid, enriched wheat flour, L-cysteine hydrochloride, enzymes, soybean oil, wheat gluten, yeast, corn meal

**Black Bean Veggie Burger**- Carrots, Onions, String Beans, Oat Bran, Soybeans, Zucchini, Expeller Pressed Canola Oil, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Peppers, Arrowroot Powder, Corn Starch, Garlic, Corn Meal, Sea Salt, Spices, lettuce, tomato

**Rockland Bakery Hamburger Bun**- Enriched wheat flour (wheat flour malted barley flour. Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

## ***Station 2***

**Caesar Salad**- romaine and iceberg lettuce

**Parmesan Cheese**- Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Parmesan Style Cheese: (Corn Starch, Water, Palm Oil, Cellulose, Salt, Natural Flavor, Caseinate, Sorbic Acid (as a preservative), Annatto), Powdered Cellulose added to prevent caking, Natamycin (A Natural Mold Inhibitor).

**Croutons**- ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL (WITH ROSEMARY EXTRACT AND ASCORBIC ACID [TO PRESERVE FRESHNESS]), WHEY, SALT, YEAST, SUGAR, 2% OR LESS OF DEHYDRATED PARSLEY, GARLIC POWDER, NATURAL AND ARTIFICIAL FLAVOR, PARMESAN CHEESE AND ENZYME MODIFIED CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CULTURED NONFAT MILK, ANNATTO (COLOR), EXTRACTIVES OF TURMERIC AND PAPRIKA (COLOR), ENZYMES.

Caesar Dressing- SOYBEAN OIL, DISTILLED VINEGAR, WATER, APPLE CIDER VINEGAR, ROMANO CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, CONTAINS LESS THAN 2% OF GARLIC,\* SUGAR, TABASCO ® BRAND PEPPER SAUCE (DISTILLED VINEGAR, RED PEPPER, SALT), SPICE, MUSTARD FLOUR, ANCHOVIES, MALTODEXTRIN, CARRAGEENAN, XANTHAN GUM, BETA CAROTENE (COLOR). \*DRIED. CONTAINS FISH (ANCHOVY), MILK.

Garden Salad- romaine and iceberg lettuce, sliced carrots, cucumbers, cherry tomatoes,

Ken's Ranch Dressing- SOYBEAN OIL, WATER, CULTURED BUTTERMILK, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, BUTTERMILK SOLIDS, CONTAINS LESS THAN 2% OF SALT, EGG YOLK, ONION, \* MONOSODIUM GLUTAMATE, GARLIC,\* XANTHAN GUM, LACTIC ACID, NATURAL FLAVOR, POLYSORBATE 60, POTASSIUM SORBATE (PRESERVATIVE), PHOSPHORIC ACID, PROPYLENE GLYCOL ALGINATE, SPICE. \*DRIED CONTAINS: EGG, MILK

Ken's Balsamic Dressing- WATER, HIGH FRUCTOSE CORN SYRUP, BALSAMIC VINEGAR (WINE VINEGAR, CONCENTRATED GRAPE MUST, CARAMEL COLOR), RED WINE VINEGAR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), OLIVE OIL, CONTAINS LESS THAN 2% OF SALT, DRIED GARLIC, XANTHAN GUM, SPICE, SODIUM ALGINATE, PROPYLENE GLYCOL ALGINATE, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), SULFITING AGENTS.

Spring Pasta Salad- durum wheat semolina, marinated crisp vegetables, garlic, red onions, mushrooms, fresh herbs, olive oil, carrots, green beans, broccoli, red peppers

### ***Station 3***

Penne Vodka- SEMOLINA (WHEAT), DURUM WHEAT FLOUR, VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.

Vodka Sauce- Heavy Cream, Milk, Contains Less than 0.5% of: Carrageenan, Mono and Diglycerides, Polysorbate 80. FRESH VINE-RIPENED UNPEELED GROUND TOMATOES, TOMATO PUREE, DEHYDRATED ONIONS, EXTRA VIRGIN OLIVE OIL, SALT, GARLIC POWDER AND SPICES. Italian herbs, vodka, Romano cheese, Parmesan cheese, basil

**Macaroni and Cheese**- WATER, ENRICHED MACARONI (semolina, egg white, glycerol monostearate, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), SOYBEAN OIL, SOUR CREAM (cultured pasteurized light cream and nonfat milk, modified corn starch, sodium phosphate, guar gum, sodium citrate, carrageenan, locust bean gum), MODIFIED FOOD STARCH, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt, enzymes], buttermilk solids, butter), CREAM, SODIUM PHOSPHATES, BUTTER FLAVORING (whey solids, enzyme-modified butter [butter, buttermilk powder, enzymes], maltodextrin, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto and turmeric [for color]), SALT, TOASTED CHEDDAR BASE (natural cheddar cheese flavor [cheddar cheese (pasteurized milk, cultures, salt, enzymes), water, whey, dry milk, salt, disodium phosphate], salt, yeast extract, corn oil, butter [cream], cream solids, whey, sugar, spice, disodium inosinate and disodium guanylate, natural flavor), PARMESAN CHEESE FLAVOR BASE (parmesan cheese concentrate [granular cheese and parmesan cheese (pasteurized milk, cultures, salt, enzymes), water, salt, natural flavor, citric acid], salt, yeast extract, parmesan cheese [pasteurized milk, cultures, salt, enzymes], butter [cream], corn oil, olive oil, sweet cream, sugar, onion powder, garlic powder, natural flavor), LACTIC ACID, TITANIUM DIOXIDE.

**Ballpark Coleslaw**- Cabbage, mayonnaise (soybean oil, water, egg yolks, vinegar, high fructose corn syrup, salt, spice, calcium disodium EDTA), sugar, carrot, water, salt, vinegar, citric acid, ascorbic acid, soybean oil, spice, potassium sorbate and sodium benzoate

**Tri-Color Cheese Tortellini**- DOUGH: ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE EGGS, SPINACH POWDER, PAPRIKA, TURMERIC. FILLING: RICOTTA CHEESE (WHEY, MILK, VINEGAR, SALT, CARRAGEENAN), BREADCRUMBS (WHEAT FLOUR, SALT, YEAST), SOYBEAN OIL, SALT, NATURAL FLAVORS, ROMANO CHEESE (PASTEURIZED SHEEP'S AND COW'S MILK, RENNET, SALT, CHEESE CULTURE, ENZYMES).

#### ***Station 4***

**Vegetable Medley**- carrots, green beans, broccoli, red peppers, squash, cauliflower, zucchini

**Baby Baker Potatoes**- POTATOES, OLIVE OIL, CONTAINS LESS THAN 2% OF GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, SALT, SPICE, SUGAR, VINEGAR POWDER (MALTODEXTRIN, VINEGAR)

**French Fries**- Potatoes, Vegetable Oil (Contains One Or More of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Corn Starch - Modified. Contains 2% or less of Annatto Extract (color), Caramel Color, Corn Starch, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Sodium Acid Pyrophosphate Added to Maintain Color, Xanthan Gum. CONTAINS: Wheat

### ***Condiments***

**Honey Mustard**- SOYBEAN OIL, YELLOW MUSTARD (DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICE), DISTILLED VINEGAR, SUGAR, WATER, EGG YOLK, HONEY, CONTAINS LESS THAN 2% OF SALT, XANTHAN GUM, SPICE, OLEORESIN PAPRIKA (COLOR), OLEORESIN TURMERIC (COLOR). CONTAINS EGG.

**BBQ Sauce**- HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, TOMATO PASTE, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SALT, PINEAPPLE JUICE CONCENTRATE, NATURAL SMOKE FLAVOR, SPICE, CARAMEL COLOR, MOLASSES, SODIUM BENZOATE (PRESERVATIVE), GARLIC, \* MUSTARD FLOUR, CORN SYRUP, SUGAR, TAMARIND, NATURAL FLAVOR, CELERY SEED.  
\*DRIED

**Ketchup**- TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING.

**Relish**- CUCUMBERS, HIGH FRUCTOSE CORN SYRUP, CABBAGE, DISTILLED WHITE VINEGAR, SALT, POTASSIUM SORBATE AND SODIUM BENZOATE (AS PRESERVATIVES), GUAR GUM, ALUMINUM SULFATE, XANTHAN GUM, DRIED RED BELL PEPPERS, POLYSORBATE 80, NATURAL AND ARTIFICIAL FLAVORS (INCLUDING CELERY), FD&C YELLOW NO. 5 AND FD&C BLUE NO. 1.

**Hot Sauce**- Distilled vinegar, jalapeño pepper, water, salt, cornstarch, xanthan gum, and ascorbic acid “to preserve freshness.”

**Mayo**- soybean oil, water, whole eggs and egg yolks, distilled vinegar, salt, sugar, lemon juice concentrate, calcium disodium edta (used to protect quality), natural flavors.

**Spicy Brown Mustard**- Vinegar, Water, Mustard Seed, Salt, less than 2% of: Spices, Turmeric.

**Buffalo Sauce**- CAYENNE PEPPER SAUCE (AGED CAYENNE RED PEPPER, DISTILLED VINEGAR, SALT, GARLIC\*), WATER, MARGARINE (SOYBEAN AND HYDROGENATED SOYBEAN OILS, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], NATURAL & ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), CONTAINS LESS THAN 2% OF SUGAR, SALT, PAPRIKA, XANTHAN GUM, OLEORESIN PAPRIKA (COLOR), GARLIC,\* SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVOR (MILK), SPICE, SODIUM ALGINATE, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR). \*DRIED. CONTAINS MILK, SOY.

## ***Suites:***

### ***Snacks***

**Popcorn**- yellow popcorn kernels, flavocol salt, natural & artificial flavors, FD&C yellow #5 lake, FD&C Yellow #6 Lake, canola oil, contains rich buttery flavor and 40 red.

**Peanuts**- peanuts, salt

### **Chips with Onion Dip**

**Ruffles**: Potatoes, Vegetable Oil (Canola, Corn, Soybean, and/or Sunflower Oil), and Salt.

**Base French Onion**: Dehydrated Toasted Onions, Hydrolyzed Soy Protein, Corn Starch, Dextrose, Hydrogenated Soybean and/or Cottonseed Oil, Rendered Chicken Fat, Sugar, Onion Powder, Monosodium Glutamate, Caramel Color, Parmesan Cheese, Natural Flavoring, Disodium Inosinate and Disodium Guanylate.

**Sour Cream**: Cultured Pasteurized Grade A Skim Milk, Cream, Food Starch- Modified, Sodium Phosphate, Locust Bean Gum, Guar Gum, Carrageenan And Potassium Sorbate (To Preserve Freshness). Contains: Milk

**Cracker Jacks**- Sugar, Corn Syrup, Popcorn, Peanuts, Molasses, Salt, Corn and/or soybean oil, and soy lecithin. Contains peanut and soy ingredients

**Pretzels**- Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Yeast, Bicarbonates, Carbonates of Soda, salt

**Bavarian Pretzel Bites**- ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BROWN SUGAR, PALM OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, SALT, VINEGAR, BARLEY MALT POWDER (MALTED BARLEY FLOUR, WHEAT FLOUR, DEXTROSE), BICARBONATES AND CARBONATES OF SODA.

**Chips with Salsa**- Corn, vegetable oil (corn, canola, and/or sunflower oil), salt

Salsa- Diced Tomatoes with Juice, Tomato Puree (Water, Tomato Paste), Green Chilies, Onions, less than 2% of: Red Chili Puree, Salt, Distilled Vinegar, Jalapeno Pepper, Citric Acid, Spices, Garlic Puree, Calcium Chloride, Onion Powder, Natural Flavors.

**Nachos**- Corn, vegetable oil (corn, canola, and/or sunflower oil), salt, jalapeños

Cheese- Skim Milk, Water, Canola Oil, Modified Corn Starch, Tomato Paste, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, and Less Than 2% of the Following: Maltodextrin (Made from Corn), Jalapeño Peppers, Salt, Vinegar, Disodium Phosphate, Yeast Extract, Sodium Citrate, Annatto, Monosodium Glutamate, Cellulose Gum, Acetic Acid, Onion Powder, DATEM, Garlic Powder, Chili Powder, Spices, and Citric Acid.

Salsa- Diced Tomatoes with Juice, Tomato Puree (Water, Tomato Paste), Green Chilies, Onions, less than 2% of: Red Chili Puree, Salt, Distilled Vinegar, Jalapeno Pepper, Citric Acid, Spices, Garlic Puree, Calcium Chloride, Onion Powder, Natural Flavors.

**Pretzel Hot Dog Sliders**- Hickory smoke flavor added; contains egg, milk and wheat

Frank Ingredients- Beef Frank (Beef, water, salt, contains less than 2%: Sorbitol, flavoring, potassium lactate, paprika, sodium phosphate, garlic powder, hickory smoke flavor, sodium diacetate, sodium erythorbate, sodium nitrate)

## ***Appetizers***

**Chicken Empanadas**-

White Dough- Flour (Bleached Wheat Flour), Water, All Purpose Palm Oil and/or Vegetable Shortening (Palm Oil, Cottonseed Oil, Soybean Oil and/or Sunflower Oil), Salt, Citric Acid, Calcium Propionate, and Potassium Sorbate (used as preservative) Contains: Wheat & Soy

Chicken- Chicken breast, cumin, tomato sauce, tomato paste, minced garlic, Sazon (monosodium glutamate, salt, dehydrated garlic, cumin, yellow 5, tricalcium phosphate (anti-caking agent), coriander, annatto, red 40), adobo (salt, garlic, turmeric, onion, spices, >2% tricalcium phosphate (anti-caking agent)), granulated garlic

**Tyson Chicken Tenders**- Portioned chicken tenders with rib meat, water, salt, sodium phosphates, seasoning [flavors, maltodextrin, sugar, salt, vegetable stock (carrot, onion, celery), garlic powder], modified food starch. BREADED WITH: wheat flour, water, contains 2% or less of: extractives of paprika and turmeric, dextrose, disodium inosinate and disodium guanylate, garlic powder, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), onion powder, salt, spices, wheat gluten. Breeding set in vegetable oil.

**Bone-in Wings**- JUMBO CHICKEN WINGS 1ST AND 2ND SECTIONS CVP CONTAINS UP TO 4% RETAINED WATER BREADED WITH: Wheat Flour, Modified Corn Starch, Salt, Dextrose, Soybean Oil, Spice, Garlic Powder, Onion Powder, Paprika. Breeding set in Soybean Oil.

**Boneless Wings**- Boneless, skinless chicken breast chunks with rib meat, water, salt, modified food starch, seasoning [flavors, maltodextrin, sugar, salt, vegetable stock (carrot, onion, celery), garlic powder], sodium phosphates, soy protein concentrate. BREADED WITH: Bleached wheat flour, wheat flour, water, salt, sugar, wheat gluten, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, yellow corn flour, yeast extract, onion powder, yeast, extractives of paprika, annatto, turmeric, garlic powder, spice, disodium inosinate and disodium guanylate. Breeding set in vegetable oil.

**French Fries**- Potatoes, Vegetable Oil (Contains One Or More of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Corn Starch - Modified. Contains 2% or less of Annatto Extract (color), Caramel Color, Corn Starch, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Sodium Acid Pyrophosphate Added to Maintain Color, Xanthan Gum. CONTAINS: Wheat

**Mozzarella Sticks**- Part-Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Culture, Salt, Enzymes, Calcium Chloride), Bleached Wheat Flour, Water, Vegetable Oil (Soybean And/or Canola Oil), Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine

Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour. Contains 2% or less of Blue 1, Calcium Caseinate, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Sodium Aluminum Phosphate), Modified Corn Starch, Mono- and Diglycerides, Natural Flavors, Paprika Extract (color), Red 40, Salt, Sodium Alginate, Spices, Sugar, Whey, Yellow 5. CONTAINS: Milk, Wheat

### **Cheese Quesadillas-**

Tortilla- ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: WHEAT GLUTEN, MONO- AND DIGLYCERIDES, SALT, SODIUM ALUMINUM PHOSPHATE, CALCIUM PROPIONATE PRESERVATIVE, BAKING SODA, FUMARIC ACID, POTASSIUM SORBATE PRESERVATIVE, GUAR GUM, SUNFLOWER OIL, ENZYMES, SODIUM METABISULFITE ADDED AS A DOUGH CONDITIONER, MICROCRYSTALLINE CELLULOSE, CORN STARCH, DICALCIUM PHOSPHATE, MAGNESIUM STEARATE.

Cheese Blend- PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO (IF COLORED). POTATO STARCH AND POWDERDD CELLULOSE ADDED TO PREVENT CAKING.

**Steak on a Stick-** CONTAINING UP TO 15% OF A SOLUTION++++Solution Ingredients: Water, Salt, Beef Stock, Natural Flavoring. Soy Sauce (Water, Wheat, Soybeans, Salt), Sugar, Water, Onions, Corn Starch, Xanthan Gum, Citric Acid, Garlic Puree (Dehydrated Garlic, Water), Roasted Sesame Seed Oil.

**Chicken on a Stick-** Chicken Breast, Water, Corn Syrup Solids, Modified Corn Starch, Potato Starch, Salt, Canola Oil, Sodium Phosphate, Dehydrated Onion, Dehydrated Garlic, Spice

### ***Salads***

**Spring Pasta Salad-** durum wheat semolina, marinated crisp vegetables, garlic, red onions, mushrooms, fresh herbs, olive oil, carrots, green beans, broccoli, red peppers

**Tossed Green Salad-** romaine lettuce, sliced carrots, cucumbers, cherry tomatoes, served with ranch and balsamic dressing

## **Caesar Salad**- Romaine Lettuce

**Parmesan Cheese**- Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Parmesan Style Cheese: (Corn Starch, Water, Palm Oil, Cellulose, Salt, Natural Flavor, Caseinate, Sorbic Acid (as a preservative), Annatto), Powdered Cellulose added to prevent caking, Natamycin (A Natural Mold Inhibitor).

**Croutons**- ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA AND/OR SUNFLOWER OIL (WITH ROSEMARY EXTRACT AND ASCORBIC ACID [TO PRESERVE FRESHNESS]), WHEY, SALT, YEAST, SUGAR, 2% OR LESS OF DEHYDRATED PARSLEY, GARLIC POWDER, NATURAL AND ARTIFICIAL FLAVOR, PARMESAN CHEESE AND ENZYME MODIFIED CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CULTURED NONFAT MILK, ANNATTO (COLOR), EXTRACTIVES OF TURMERIC AND PAPRIKA (COLOR), ENZYMES.

**Caesar Dressing**- SOYBEAN OIL, DISTILLED VINEGAR, WATER, APPLE CIDER VINEGAR, ROMANO CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, CONTAINS LESS THAN 2% OF GARLIC,\* SUGAR, TABASCO® BRAND PEPPER SAUCE (DISTILLED VINEGAR, RED PEPPER, SALT), SPICE, MUSTARD FLOUR, ANCHOVIES, MALTODEXTRIN, CARRAGEENAN, XANTHAN GUM, BETA CAROTENE (COLOR). \*DRIED. CONTAINS FISH (ANCHOVY), MILK.

**Macaroni and Cheese**- WATER, ENRICHED MACARONI (semolina, egg white, glycerol monostearate, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), SOYBEAN OIL, SOUR CREAM (cultured pasteurized light cream and nonfat milk, modified corn starch, sodium phosphate, guar gum, sodium citrate, carrageenan, locust bean gum), MODIFIED FOOD STARCH, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt, enzymes], buttermilk solids, butter), CREAM, SODIUM PHOSPHATES, BUTTER FLAVORING (whey solids, enzyme-modified butter [butter, buttermilk powder, enzymes], maltodextrin, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto and turmeric [for color]), SALT, TOASTED CHEDDAR BASE (natural cheddar cheese flavor [cheddar cheese (pasteurized milk, cultures, salt, enzymes), water, whey, dry milk,

salt, disodium phosphate], salt, yeast extract, corn oil, butter [cream], cream solids, whey, sugar, spice, disodium inosinate and disodium guanylate, natural flavor), PARMESAN CHEESE FLAVOR BASE (parmesan cheese concentrate [granular cheese and parmesan cheese (pasteurized milk, cultures, salt, enzymes), water, salt, natural flavor, citric acid], salt, yeast extract, parmesan cheese [pasteurized milk, cultures, salt, enzymes], butter [cream], corn oil, olive oil, sweet cream, sugar, onion powder, garlic powder, natural flavor), LACTIC ACID, TITANIUM DIOXIDE.

**Ballpark Coleslaw**- Cabbage, mayonnaise (soybean oil, water, egg yolks, vinegar, high fructose corn syrup, salt, spice, calcium disodium EDTA), sugar, carrot, water, salt, vinegar, citric acid, ascorbic acid, soybean oil, spice, potassium sorbate and sodium benzoate

**Baby Baker Potatoes**- POTATOES, OLIVE OIL, CONTAINS LESS THAN 2% OF GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVOR, ONION POWDER, SALT, SPICE, SUGAR, VINEGAR POWDER (MALTODEXTRIN, VINEGAR)

**Vegetable Crudité**- carrots, celery, cucumber, broccoli, tomatoes, peppers, squash served with ranch dressing

**Seasonal Fruits**- strawberries, cantaloupe, honeydew, pineapple, grapes, pineapple, watermelon

### ***Grill***

**Beef Hot Dogs**- BEEF, WATER, SALT, CONTAINS LESS THAN 2%: SORBITOL, FLAVORING, POTASSIUM LACTATE, PAPRIKA, GARLIC POWDER, HICKORY SMOKE FLAVOR, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

**Rockland Bakery Hot Dog Bun**- Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearyl lactylate, ascorbic acid, enzymes, soybean oil.

**Bradshaw Ranch Hamburger**- Beef, water, spice, salt, lettuce, tomato, American cheese, pickle chips

Rockland Bakery Hamburger Bun- Enriched wheat flour (wheat flour malted barley flour, Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

Premio Italian Sausage- Pork, less than 2% of the following: Water, Sugar, Salt, Spices (including fennel & black pepper), Potassium Chloride, Paprika, Natural Flavors, peppers and onions

Rockland Bakery Club Roll Sliced- Enriched wheat flour (Wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, base (Salt, soybean oil, dextrose, sugar, defatted soy flour, monoglycerides, calcium, Stearoyl lactylate, potassium iodate, soy lecithin, ascorbic acid, enriched wheat flour, L-cysteine hydrochloride, enzymes, soybean oil, wheat gluten, yeast, corn meal

Philly Cheesesteak- BEEF, WATER, SOY PROTEIN CONCENTRATE, DEXTROSE, MODIFIED CORN STARCH, SODIUM PHOSPHATE, SALT, ISOLATED SOY PROTEIN, HYDROLYZED SOY PROTEIN, NATURAL FLAVORINGS (with roll listed with sausage)

Provolone Cheese- PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES

Mini Burger Sliders- beef, water, spice, salt, onion and can be served with cheese

Mini Burger Bun- Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Butter (Pasteurized Cream, Salt), Eggs, Contains Less than 2% of the Following: Sodium Silicoaluminate, Potato Flour, Yeast, Sorbitan Monostearate, Ascorbic Acid (Added as a Dough Conditioner), Whey, Corn Flour, Monocalcium Phosphate, Soy Flour, Nonfat Milk, Salt, Wheat Gluten, DATEM, Calcium Silicate (Anti-Caking), Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Wheat Starch, Enzymes.

### ***Sandwiches***

Chicken Breast Sandwiches- Chicken Breast, Water, Salt, Baking Soda, Flavoring. (with hamburger bun)

**Pulled Pork (22 West)**- PORK RUB GRANULATED GARLIC, GRANULATED ONION, MONOSODIUM GLUTAMATE, SALT, PARSLEY, CUMIN, OREGANO, TRICALCIUM PHOSPHATE (ANTICAKING AGENT).BBQ SAUCE Sugar, Distilled Vinegar, Water, Tomato Paste, Molasses, Modified Potato Starch, Salt, Contains Less Than 2% Of Natural Smoke Flavor, Mustard Flour, Spice, Paprika, Onion, \* Garlic,\* Caramel Color, Maltodextrin, Chili Powder (Chili Pepper, Spice, Salt, Garlic), Autolyzed Yeast Extract, Natural Flavor.

**Kikkoman Glaze**- Soy Sauce (Water, Soybeans, Wheat, Salt), Sugar, Water, Modified Corn Starch, Onion Juice, Vinegar, Natural Flavor, Garlic Powder, Malic Acid, Spice, Sodium Benzoate: Less than 1/10 of 1% as a preservative, Disodium Inosinate, Disodium Guanylate

**BBQ Sauce**- HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, TOMATO PASTE, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SALT, PINEAPPLE JUICE CONCENTRATE, NATURAL SMOKE FLAVOR, SPICE, CARAMEL COLOR, MOLASSES, SODIUM BENZOATE (PRESERVATIVE), GARLIC, \* MUSTARD FLOUR, CORN SYRUP, SUGAR, TAMARIND, NATURAL FLAVOR, CELERY SEED. \*DRIED

**Rockland Bakery Hamburger Bun**- Enriched wheat flour (wheat flour malted barley flour. Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

**Chicken Caesar Wrap**- ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: WHEAT GLUTEN, MONO- AND DIGLYCERIDES, SALT, SODIUM ALUMINUM PHOSPHATE, CALCIUM PROPIONATE PRESERVATIVE, BAKING SODA, FUMARIC ACID, POTASSIUM SORBATE PRESERVATIVE, GUAR GUM, SUNFLOWER OIL, ENZYMES, SODIUM METABISULFITE ADDED AS A DOUGH CONDITIONER, MICROCRYSTALLINE CELLULOSE, CORN STARCH, DICALCIUM PHOSPHATE, MAGNESIUM STEARATE., romaine lettuce, parmesan cheese, chicken breast, Caesar dressing

**Veggie Wrap**- FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, CONTAINS LESS THAN 2% OF EACH OF THE

FOLLOWING: WHEAT GLUTEN, MONO- AND DIGLYCERIDES, SALT, SODIUM ALUMINUM PHOSPHATE, CALCIUM PROPIONATE PRESERVATIVE, BAKING SODA, FUMARIC ACID, POTASSIUM SORBATE PRESERVATIVE, GUAR GUM, SUNFLOWER OIL, ENZYMES, SODIUM METABISULFITE ADDED AS A DOUGH CONDITIONER, MICROCRYSTALLINE CELLULOSE, CORN STARCH, DICALCIUM PHOSPHATE, MAGNESIUM STEARATE, leaf lettuce, balsamic dressing, grilled seasonal vegetables

### ***Chef Specials***

**Penne Vodka**- SEMOLINA (WHEAT), DURUM WHEAT FLOUR, VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.

**Vodka Sauce**- Heavy Cream, Milk, Contains Less than 0.5% of: Carrageenan, Mono and Diglycerides, Polysorbate 80. FRESH VINE-RIPENED UNPEELED GROUND TOMATOES, TOMATO PUREE, DEHYDRATED ONIONS, EXTRA VIRGIN OLIVE OIL, SALT, GARLIC POWDER AND SPICES.

Italian herbs, vodka, Romano cheese, Parmesan cheese, basil

**Chicken Parmesan**- Chicken Breast, Water, Salt, Baking Soda, Flavoring. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, contains 2% or less of the following: dextrose, disodium inosinate and disodium guanylate, extractives of paprika, annatto and turmeric, garlic powder, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), onion powder, spice, sugar, wheat gluten, yeast, yeast extract, yellow corn flour. Breading set in vegetable oil.

**Marinara Sauce**- fresh vine-ripened unpeeled ground tomatoes, tomato puree, dehydrated onions, extra virgin olive oil, salt, garlic powder and spices.

**Parmesan Cheese**- Parmesan Cheese: (Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Parmesan Style Cheese: (Corn Starch, Water, Palm Oil, Cellulose, Salt,

Natural Flavor, Caseinate, Sorbic Acid (as a preservative), Annatto), Powdered Cellulose added to prevent caking, Natamycin (A Natural Mold Inhibitor).

**Prima Pizza (with or without pepperoni)-**

Dough- Water, Yeast, Salt, Olive and Vegetable Oil

Sauce- Salt, Black Pepper, Oregano, Basil, Grated Parmesan Cheese

***Meat-Free***

**Veggie Burgers**- Carrots, Onions, String Beans, Oat Bran, Soybeans, Zucchini, Expeller Pressed Canola Oil, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Peppers, Arrowroot Powder, Corn Starch, Garlic, Corn Meal, Sea Salt, Spices, lettuce, tomato

Rockland Bakery Hamburger Bun- Enriched wheat flour (wheat flour malted barley flour. Niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, contains less than 2% of calcium propionate, salt, guar gum, monoglycerides, sodium stearoyl lactylate, ascorbic acid, enzymes, soybean oil.

**Vegetable Farro**- Emmer (Italian Farro Triticum Dicoccum pearled), seasonal vegetables, red wine vinaigrette

**Cheese Tortellini**- DOUGH: ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE EGGS, SPINACH POWDER, PAPRIKA, TURMERIC. FILLING: RICOTTA CHEESE (WHEY, MILK, VINEGAR, SALT, CARRAGEENAN), BREADCRUMBS (WHEAT FLOUR, SALT, YEAST), SOYBEAN OIL, SALT, NATURAL FLAVORS, ROMANO CHEESE (PASTEURIZED SHEEP'S AND COW'S MILK, RENNET, SALT, CHEESE CULTURE, ENZYMES).

**Pita Chips**- Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sunflower Oil And/or Canola Oil, Sea Salt, Whole Wheat Flour, And Less Than 2% Of The Following: Organic Cane Sugar, Oat Fiber, Yeast, Malted Barley Flour, Ascorbic

Acid (Antioxidant), And Rosemary Extract (Antioxidant). Contains Wheat Ingredients. May Contain Sesame Ingredients.

**Hummus**- Cooked Chickpeas, Water, Sesame Tahini, Olive Oil, Contains 2% or less of: Lemon Juice, Salt, Garlic Puree (Garlic, Citric Acid and Ascorbic Acid), Spices.

### **Cheese Empanadas-**

**White Dough**- Flour (Bleached Wheat Flour), Water, All Purpose Palm Oil and/or Vegetable Shortening (Palm Oil, Cottonseed Oil, Soybean Oil and/or Sunflower Oil), Salt, Citric Acid, Calcium Propionate, and Potassium Sorbate (used as preservative) Contains: Wheat & Soy

**Cheese**- Low Moisture Part Skim Mozzarella Cheese (Cultured Pasteurized Part Skim Milk, Salt, Enzymes), Modified Potato Starch, Powdered Cellulose (to prevent caking), natamycin (a natural mold inhibitor)

### ***Desserts***

**Epic Chocolate Chip Cookies**- enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla, salt), brown sugar, sugar, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, monoglycerides, natural flavor, vitamin A palmitate, beta carotene color), butter, eggs, invert sugar, molasses, salt, baking soda, natural vanilla flavor.

**Brownies**- sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanillin), brown rice flour, gluten-free whole oat flour, potato starch, tapioca starch, invert sugar, natural vanilla flavor, salt, xanthan gum, baking soda

**Big Vanilla Ice Cream Sandwich**- Frozen Dairy Dessert (Skim Milk, Whey, Sugar, Corn Syrup, Buttermilk, Cream, Coconut Oil, Milk, Contains 2% or Less of Natural Flavors, Carob Bean Gum, Cellulose Gel, Cellulose Gum, Guar Gum, Tara Gum, Carrageenan, Xanthan Gum, Mono and Diglycerides). Wafers (Wheat Flour, Sugar, Palm Oil, Dextrose, Caramel Color, Cocoa Processed with Alkali, Contains 2% or less of Corn Flour, Corn Syrup, Food Starch-Modified, Salt, Natural and Artificial Flavor, Soy Lecithin, Baking Soda).

**Big Bopper Sandwich**- Frozen Dairy Dessert (Skim Milk, Whey, Sugar, Corn Syrup, Buttermilk, Cream, Coconut Oil, Milk, Contains 2% or Less of Natural Flavors, Carob Bean Gum, Cellulose Gel, Cellulose Gum, Guar Gum, Tara Gum, Carrageenan, Xanthan Gum, Mono and Diglycerides). Chocolate Chip Cookies {Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Brown Sugar, Sugar, Palm Oil, Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Milkfat, Cocoa Butter, Unsweetened Chocolate Processed with Alkali, Soy Lecithin, Vanilla Extract), Pasteurized Eggs, Margarine (Palm Oil, Water, Salt, Contains 2% or less of Mono & Diglycerides, Whey Solids, Natural & Artificial Flavor, Citric Acid, Beta Carotene for Color, Vitamin A Palmitate), Contains 2% or less of Natural Flavor, Baking Soda, Salt, Ammonium Bicarbonate}.

**Dippin' Dots**-

Vanilla- milk, cream, sugar, natural flavors, vanilla, less than 0.5% of (mono & diglycerides, guar, gum, carrageenan, locust bean gum)

Cookies & Cream- ice cream: milk, cream, sugar, natural flavors, vanilla, less than 0.5% of (mono & diglycerides, guar gum, carrageenan, locust bean gum). Cookies: unbleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin b1], riboflavin [vitamin b2], folic acid), sugar, palm and/or canola oil, cocoa (processed with alkali), high fructose corn syrup, leavening (baking soda and/or calcium phosphate), corn starch, salt, soy lecithin, vanillin (artificial flavor), chocolate.

Mint Chocolate- Milk, cream, sugar, corn syrup, contains 2% or less of the following: cocoa powder (Cocoa [processed with alkali], sugar, salt, natural vanilla), stabilizer blend (guar

gum, locust bean gum, carrageenan, standardized with dextrose or sucrose), natural flavor (with FD&C yellow #5, FD&C blue #1).

Cookie Monster- MILK, CHOCOLATE CHIP COOKIE DOUGH BLEND (WHEAT FLOUR, SUGAR, WATER, MARGARINE [SOYBEAN OIL, PALM OIL, WATER, SALT, MONO & DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE{PRESERVATIVE}, NATURAL FLAVOR, ANNATTO EXTRACT {COLOR}, VITAMIN A PALMITATE], CHOCOLATE FLAVORED COOKIE CRUMBS [ENRICHED FLOUR {WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID}, SUGAR, CANOLA OIL, COCOA PROCESSED WITH ALKALI, SALT, SODIUM BICARBONATE], COCOA PROCESSED WITH ALKALI, BUTTER [CREAM, SALT], SEMI-SWEET CHOCOLATE CHIPS [SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN{EMULSIFIER}], SOYBEAN OIL, MOLASSES, SALT, NATURAL FLAVOR, SODIUM BICARBONATE, SOY LECITHIN[EMULSIFIER], VANILLA EXTRACT), CREAM, SUGAR, STABILIZER (GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN, STANDARDIZED WITH DEXTROSE OR SUCROSE), NATURAL AND ARTIFICIAL FLAVOR (WITH FD&C BLUE #1). CONTAINS: MILK, WHEAT, SOY.

Ultimate Brownie Batter- milk, cream, sugar, corn syrup, cocoa processed with alkali, salt, artificial flavoring, less than 0.5% of (guar gum, carrageenan, locust bean gum, dextrose), caramel color, red #40. Brownie dough: wheat flour, sugar, butter (cream, salt), water, cocoa processed with alkali, soybean oil, natural flavor, salt, soy lecithin, sodium bicarbonate.

Patriots Ice- water, corn syrup solids, sugar, natural and artificial flavor, contains 2% or less of the following fd&c red #40, fd&c blue #1, caramel color, citric acid, cellulose gum.

Cotton Candy- Milk, Cream, Sugar, Artificial Flavors, Blue #1, Red #40, Less Than 0.5% Of (Mono & Diglycerides, Guar Gum, Carrageenan, Locust Bean Gum). Contains: Milk.