



Portland Sea Dogs BRUSH AND FLOSS CHALLENGE



PRESENTED BY NORTHEAST DELTA DENTAL



EARN A FREE TICKET TO SEE THE SEA DOGS!

The Portland Sea Dogs and **Northeast Delta Dental** want your children to have healthy teeth and gums. We ask them to brush twice and floss once daily during a one-week time period to earn a ticket for a 2025 game at Delta Dental Park! Please encourage them to continue to brush and floss daily, because these are very important oral health habits that we hope will last a lifetime!



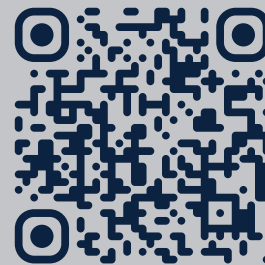
2025 BRUSH & FLOSS GAME DATES

Friday, June 20th at 6:20 PM vs. *Akron RubberDucks*
Saturday, July 5th at 6:00 PM vs. *New Hampshire Fisher Cats*
Saturday, August 16th at 6:00 PM vs. *Somerset Patriots*
Friday, August 22nd at 6:00 PM vs. *Binghamton Rumble Ponies*



HOW DOES IT WORK?

1. Children must be 16 years of age or younger to participate.
2. Brush twice and floss once daily for seven consecutive days.
(Use the checklist below to help you keep track!)
3. After finishing the challenge, scan the QR code to fill out the online form.
4. Choose one of the available dates for your child's free ticket.
5. Additional tickets can be purchased when you choose your child's free ticket.
(Tickets subject to availability)



	SUN	MON	TUE	WED	THU	FRI	SAT
1 ST BRUSH	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 ND BRUSH	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FLOSS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Good oral health contributes to overall health.
Brushing and flossing daily helps keep kids' teeth and gums healthy.



Questions? Please contact Emily Morin at (207) 879-9500 or email emily@seadogs.com

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Book your
9 Inning Vacation

SEADOGS.com