



2023

ROSTER

RICHMOND FLYING SQUIRRELS | 3001 N ARTHUR ASHE BOULEVARD, RICHMOND, VA 23230 | 804-359-3866 | SQUIRRELSBASEBALL.COM | @GOSQUIRRELS

(IL) - Injured List, *** - Giants 40-man roster, % - Inactive player, # - MLB rehab, ^ - Suspended List

Last Updated: August 3, 2023

PITCHERS (17 + 3 IL)

#	NAME	B/T	HT	WT	ACQUIRED	BORN	AGE	BIRTHPLACE
37	John Michael Bertrand	R/L	6-3	205	10th Rd. - 2022	2/8/98	25	Raleigh, N.C.
39	Hayden Birdsong	R/R	6-4	215	6th Rd. - 2022	8/30/01	21	Mattoon, Ill.
26	Spencer Bivens	R/R	6-5	205	MiLB FA - 2022	6/28/94	29	Virginia Beach, Va.
49	José Cruz***	R/R	6-0	203	Intl. FA - 2017	5/18/00	23	Santo Domingo, D.R.
35	Sam Delaplane	R/R	5-11	175	MiLB FA - 2022	3/27/95	28	San Jose, Calif.
46	Parker Dunshee	R/R	6-0	215	MiLB FA - 2023	2/12/95	28	Zionsville, Ind.
13	Matt Frisbee	R/R	6-5	215	15th Rd. - 2018	11/18/96	26	Candler, N.C.
33	Evan Gates	R/R	6-0	210	NDFA - 2021	1/13/98	25	Roseville, Mich.
48	Clay Helvey	R/R	6-3	195	22nd Rd. - 2018	2/14/97	26	Charlotte, N.C.
54	Wil Jensen	R/R	6-4	180	NDFA - 2020	9/2/97	25	Phoenix, Ariz.
60	Ben Madison	R/R	6-3	205	9th Rd. - 2018	9/15/97	25	Benton, Ark.
15	Ryan Murphy	R/R	6-1	175	5th Rd. - 2020	10/8/99	23	Poughkeepsie, N.Y.
50	Tyler Myrick	R/R	6-0	205	14th Rd. - 2021	6/25/98	25	Gainesville, Fla.
8	Mat Olsen	R/R	5-11	185	9th Rd. - 2021	7/8/00	23	Florence, Ariz.
57	Blake Rivera	R/R	6-4	225	4th Rd. - 2018	1/9/98	25	Smiths Station, Ala.
14	Landen Roupp (IL)	R/R	6-2	205	12th Rd. - 2021	9/10/98	24	Rocky Mount, N.C.
29	Carson Seymour	R/R	6-6	260	Trade (NYM) - 2022	12/16/98	24	Poway, Calif.
	Michael Stryffeler (IL)	R/R	6-2	210	Trade (SEA) - 2022	5/22/96	27	Sagamore Hills, Ohio
18	Carson Whisenhunt (IL)	L/L	6-3	209	2nd Rd. - 2022	10/20/00	22	Winston-Salem, N.C.
23	Nick Zwack	L/L	6-3	230	Trade (NYM) - 2022	8/8/98	24	Minneapolis, Minn.

CATCHERS (2)

#	NAME	B/T	HT	WT	ACQUIRED	BORN	AGE	BIRTHPLACE
28	Brandon Martorano	R/R	6-2	198	16th Rd. - 2019	1/6/98	25	Marlboro, N.J.
9	Andy Thomas	L/R	6-3	215	Trade (SEA) - 2022	6/17/98	25	San Diego, Calif.

INFIELDERS (6)

#	NAME	B/T	HT	WT	ACQUIRED	BORN	AGE	BIRTHPLACE
6	Carter Aldrete	R/R	6-2	205	15th Rd. - 2019	10/12/97	25	Monterey, Calif.
19	Hayden Cantrelle	S/R	5-11	175	Trade (MIA) - 2022	11/25/98	24	Lafayette, La.
5	Jimmy Glownke	R/R	5-10	200	2nd Rd. - 2020	6/5/99	23	Chicago, Ill.
16	Shane Matheny	L/R	6-1	200	23rd Rd. - 2017	6/5/96	27	Bremerton, Wash.
10	Brady Whalen	L/R	6-6	180	MiLB FA - 2022	1/15/98	25	Vancouver, Wash.
41	Logan Wyatt	L/R	6-3	221	2nd Rd. - 2019	11/15/97	25	Louisville, Ky.

OUTFIELDERS (3)

#	NAME	B/T	HT	WT	ACQUIRED	BORN	AGE	BIRTHPLACE
2	Victor Bericoto	R/R	6-1	155	Intl. FA - 2018	12/3/01	21	Maracay, Venezuela
7	Vaun Brown	R/R	6-1	215	10th Rd. - 2021	6/23/98	25	Sarasota, Fla.
40	Ismael Munguia	L/L	5-10	158	Intl. FA - 2015	10/19/98	24	Chinandega, Nicaragua

COACHING STAFF

#	NAME	POSITION	#	NAME	POSITION
12	Dennis Pelfrey	Manager		Matt Jordan	Strength & Conditioning Coach
58	Paul Oseguera	Pitching Coach		Nate Buchwald	Associate Analyst
21	Cory Elasiak	Hitting Coach		Dagin Renck	Video Technology Associate
17	Lipso Nava	Fundamentals Coach		Rachel Rodriguez	Performance Nutrition Associate
	Rolando Marcano	Bullpen Catcher		Johnny Quinn	Clubhouse Manager
	Chris Walsh	Athletic Trainer			

PRONUNCIATION GUIDE

#	NAME	PRONUNCIATION
9	Carter Aldrete	all-DREH-tee
2	Victor Bericoto	bear-ee-COH-to
5	Jimmy Glownke	glow-EN-kee
40	Ismael Munguia	ish-my-ELL moon-GHEE-ah
14	Landen Roupp	ROOP
50	Michael Stryffeler	STRIF-urr
32	Carson Whisenhunt	WIZZ-en-hunt
23	Nick Zwack	ZWOCK

RECENT TRANSACTIONS

- 8/4 RHP **Hayden Birdsong** assigned to Double-A Richmond
- 8/2 RHP **Matt Frisbee** reinstated from the 7-day IL
- 8/1 OF **Wade Meckler** assigned to Triple-A Sacramento
- LHP **Juan Sanchez** assigned to Triple-A Sacramento
- 7/28 LHP **Carson Whisenhunt** placed on the 7-day IL
- RHP **Mat Olsen** assigned to Double-A Richmond
- 7/26 INF **Donovan Walton** assigned to Triple-A Sacramento
- LHP **Raymond Burgos** assigned to Triple-A Sacramento
- RHP **Clay Helvey** assigned to Double-A Richmond
- 7/25 INF **Simon Whiteman** released
- INF **Brady Whalen** reinstated from the 7-day IL

NUMERICAL ROSTER

2	Victor Bericoto
5	Jimmy Glownke
6	Carter Aldrete
7	Vaun Brown
8	Mat Olsen
9	Andy Thomas
10	Brady Whalen
13	Matt Frisbee
14	Landen Roupp (IL)
15	Ryan Murphy
16	Shane Matheny
18	Carson Whisenhunt (IL)
19	Hayden Cantrelle
23	Nick Zwack
26	Spencer Bivens
28	Brandon Martorano
29	Carson Seymour
33	Evan Gates
35	Sam Delaplane
37	John Michael Bertrand
39	Hayden Birdsong
40	Ismael Munguia
41	Logan Wyatt
46	Parker Dunshee
48	Clay Helvey
49	José Cruz
50	Tyler Myrick
54	Wil Jensen
57	Blake Rivera
60	Ben Madison
	Michael Stryffeler (IL)
COACHES	
12	Dennis Pelfrey
17	Lipso Nava
21	Cory Elasiak
58	Paul Oseguera