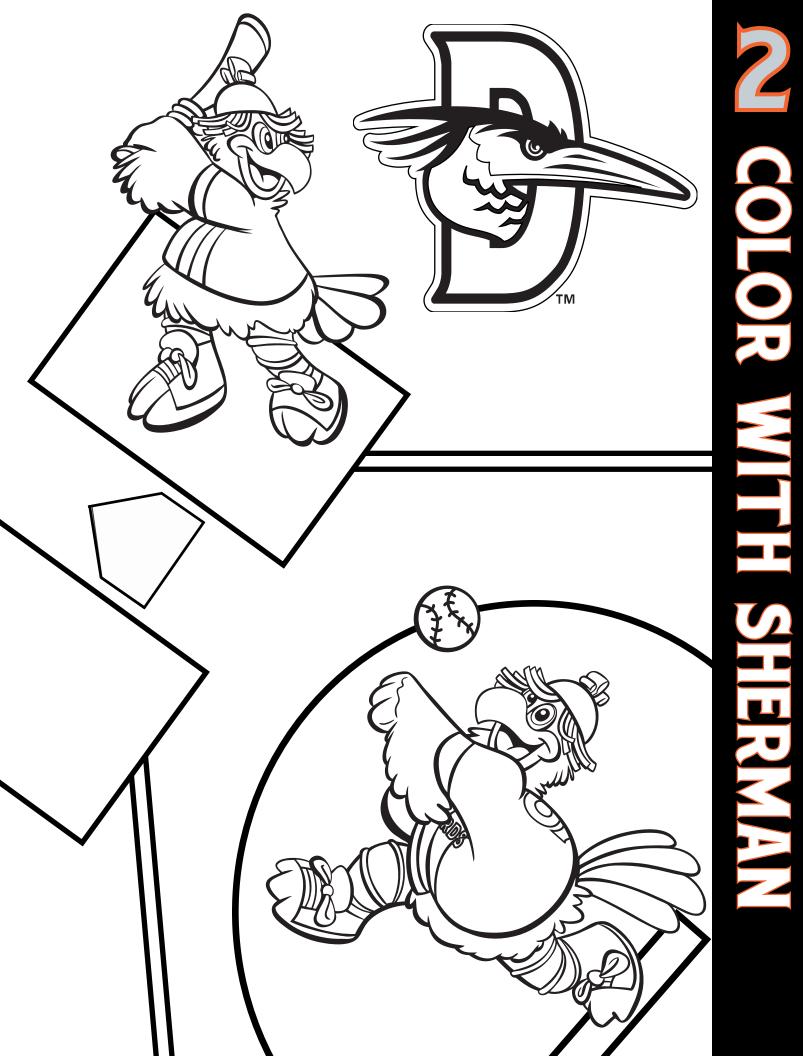


CLASS~A AFFILIATE OF THE BALTIMORE ORIOLES

THIS BOOK BELONGS TO:





#### **SCORECARD MATH**

	1	2	3	4	5	6	7	8	9	R	Н	E
VISITORS												
SHOREBIRDS												

### HOW GOOD ARE YOU AT MATH? TEST YOUR MATH SKILLS AND SEE IF YOU CAN ANSWER THE QUESTIONS BELOW!

- 1. The Shorebirds scored 5 runs in the first inning, 2 runs in the second, 0 runs in the third, 1 run in the fourth, 0 runs in the fifth, 6 runs in the sixth, 3 runs in the seventh, 0 runs in the eighth, and 4 runs in the ninth. How many total runs did the Shorebirds score?
- 2. The Shorebirds scored a total of 22 runs in 4 innings. They scored 2 runs in the first, 10 runs in the second, and 5 runs in the third. How many runs did they score in the fourth inning?
- 3. The Shorebirds won 18-5, how many total runs were scored?
- 4. After the third inning, the Shorebirds have 8 runs on 14 hits. The visitors have 3 runs on and 6 hits. How many total runs and hits are there in the game?
- 5. The Shorebirds scored 31 runs in 7 innings of play. The scored 1 in the first, 8 in the second, 4 in the third, 5 in the fourth, 0 in the fifth, and 9 in the sixth. How many runs did they score in the seventh inning?
- 6. The Shorebirds scored 4 runs and the visitors scored 2 runs after three innings. The final score is Shorebirds 9 and visitors 8. How many runs were scored after the third inning in the game?
- 7. The Shorebirds were losing 6-2 after the fourth inning. They ended up winning the game 9-6. How many runs did they score after the fourth inning to win?
- 8. The Shorebirds and the visitors combined for 23 runs and 31 hits after 3 innings. Each team scored 5 runs in the first and 3 in the second. The Shorebirds had 10 hits in the first and 7 in the second, while the visitors had 8 hits in the first and 5 in the second. How many hits and runs did the two teams combine for in the third inning?

	1	2	3	4	5	6	7	8	9	RUNS	Н
VISITORS	0	6			1	3		0		15	
SHOREBIRDS	7	0	1			0	2			23	

- 1. Fill in the missing innings with a combination that adds up to 23 for the Shorebirds and 15 for the visitors.
- 2. If the Shorebirds scored 1 run in the fourth, 0 in the eighth, and 0 in the ninth, how many runs did they score in the fifth inning?

## HELP FIND AND FIX THE MISTAKES

#### Shorebirds Rally for 90th Win

The Delmarva Shorebirds broke out the big bats late as they clubbed their way to their 90th with a 9-5 regular season-closing victory over the Kannapolis Intimidators on Monday afternoon at Arthur W. perdue Stadium.

With the win, the Shorebirds (42-27, 90-48) join extremely elite company. They become the first South Atlantic League team since the 2006 Augusta GreenJackets and just the 14th team in modern SAL history (sinc 1980) to reach the 90-win plateau.

With the game knotted at 4-4 in the bottom of the seventh the Shorebirds busted out in a big way. Shayne Fontana legged out an infield single to begin the frame and then Toby Welk then drew a walk to put two aboard. Doran Turchin followed by working a free pass to load the bases. Alexis Torres came up next and provided the punch as he socked a two-run single to left restoring the lead for the Shorebirds at 6-4.

Adam Hall followed by Beating out an infield single to second, and Turchin never stopped running from second, scoring to extend the lead to 7-4. Johnny Rizer continued the onslaught as he ripped an RBI single to right, sending Hall to third, with the score now 8-4 an errant throw back to the mound from catcher Gunnar Troutwine during the next plate appearance allowed Hall to scamper home from third to cap the five-run frame with Delmarva ahead 9-4?

Alex Destino socked a solo homer in the ninth for Kannapolis to make it 9-5, but it was far too little and too late for the Intimidators (36-34, 64-74, who played the final game under that identity before their impending name change over the offseason.

Matt Hammonds (5-2) picked up the win for the ShorebIrds, firing to innings out of the bullpen and allowing three runs on three hits and a walk with three strikeouts.

Eight of the nine Shorebirds in the starting lineup collected at least one base hit. Hall capped off his marvelous campaign with his 45th multi-hit game, going 2-for-4 with a triple, RBI, run scored, a walk.

Adam Stauffer started for Delmarva and went three scoreless innings, allowing just to hits and two walks while striking out three in a no-decision.

Delmarva finishes the secon half tied with Hickory for the Northern Division title. The Crawdads claimed a tiebreaker in head-to-head matchups and will officially be listed as second half champions.

Can y	you '	Ed	lit?

Editing is a very important aspect of writing an article for a newspaper or a magazine. The best articles are edited numerous times before they are finally formatted into the paper. Can you spot 10 mistakes in the sample article?

Mistake #1 <sub>-</sub>	Mistake #2	Mistake #3	Mistake #4	
Mistake #5	Mistake #6	Mistake #7	Mistake #8	
Mistake #9	Mistake #10			

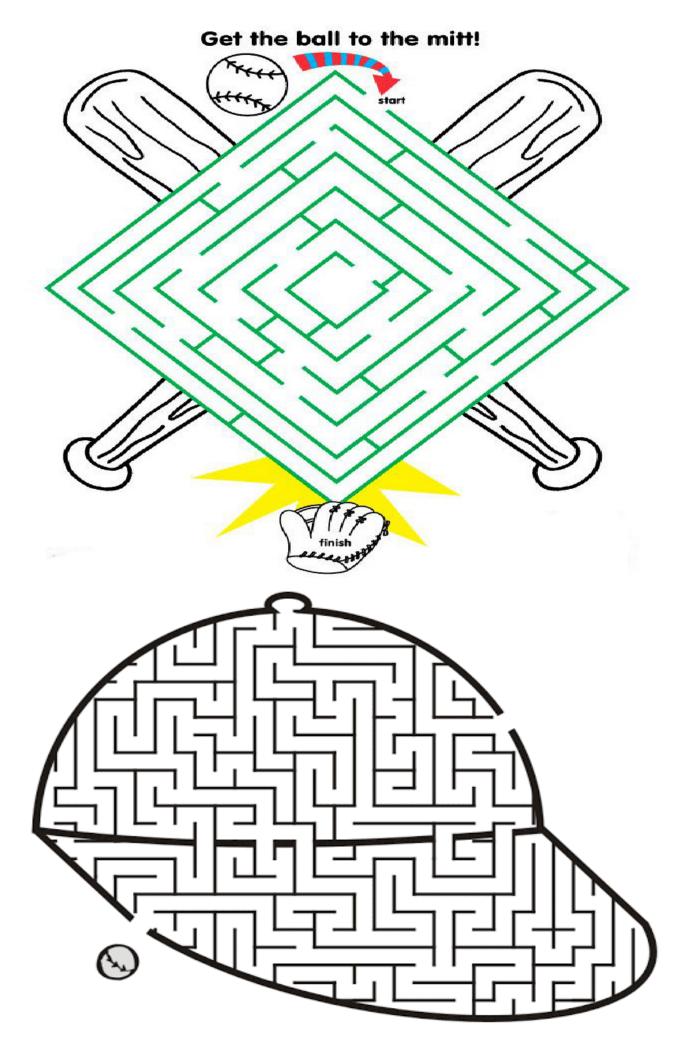
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# THE 5 SENSES GROUNDING TECHNIQUE

When you are feeling overwhelmed or anxious, taking some time to notice the things around you can help you calm down. Practice being mindful of your surroundings right now by writing down what you see, feel, hear, smell, and taste.

· · · · · · · · · · · · · · · · · · ·	, , ,
	LOOK Name 5 things you can see
	FEEL Name 4 things you can feel
	LISTEN
	Name 3 things you can hear
	SMELL
	Name 2 things you can smell
On the way	
	TASTE
	Name 1 thing you can taste
3	<del></del>







B SUNSHINEBBB XENDL U I H KVRA N ROR R RRRH T N ABVYUN TZAO R AAAT S RMANAB H AKJECB I D  $\mathbf{O}$ LADD M C R TCHCBECO E R B OEAMEG A I LL H E RUNBSS B L ISS R PAE P MKP L K A B C 0 OIR I P EV V B HICECRE AMIA D A S ZLANWKP LNAI 0 MAGBASE B AL TRIKEOUTPIP

#### FIND THESE WORDS:

TRIPLE DOUBLE BALL SHERMAN
BASEBALL SHOREBIRDS SUNSHINE
HOMERUN HOTDOG BUNT STRIKEOUT
BALK PITCH HIT BAT ICECREAM





Chesapeake
HEALTH CARE