



The following menu has been carefully crafted by Kernels Catering. We are your trusted local partner, dedicated to providing our customers the best in quality and service.

# APPETIZER BAR



**PER PERSON: PICK 2 FOR \$10 • PICK 4 FOR \$16 • PICK 6 FOR \$24**

- FRIED RAVIOLI WITH FRESH MARINARA
- SPINACH ARTICHOKE STUFFED MUSHROOMS
- MEATBALLS (SWEDISH / HICKORY SMOKED / MARINARA / BBQ)
- BONE-IN CHICKEN WINGS (BUFFALO / HICKORY BBQ / GARLIC PARMESAN)
- BONELESS CHICKEN WINGS (BUFFALO / HICKORY BBQ / GARLIC PARMESAN)
  - SMOKED PULLED PORK SLIDERS
- FRESH BRUSCHETTA WITH GARLIC BREAD CHIPS
  - WARM PRETZEL BITES WITH BEER CHEESE
- SPINACH ARTICHOKE DIP WITH GARLIC NAAN BREAD DIPPERS
- CRAB AND MUSHROOM CHEESE DIP WITH GARLIC NAAN BREAD DIPPERS
  - BUFFALO CHICKEN DIP WITH TORTILLA CHIPS
- PHILLY CHEESESTEAK DIP WITH GARLIC BREAD CHIPS
  - FALAFEL BITES WITH TZATZIKI SAUCE

## **STADIUM SNACKS | SERVES 15-20**

- BUTTERED POPCORN (SEASONAL) \$20
  - SALTED PEANUTS (SEASONAL) \$20
- RIPPLE POTATO CHIPS AND RIPPLE DIP \$20
  - TORTILLA CHIPS WITH SALSA \$25
  - TORTILLA CHIPS WITH QUESO \$40

## **PLATTERS | SERVES 15-25**

- MEAT AND CHEESE PLATTER \$80
  - FRESH FRUIT PLATTER \$80
- FRESH VEGETABLE PLATTER WITH RANCH \$70  
(ADD HUMMUS FOR +\$10)
- SHRIMP COCKTAIL PLATTER \$90

# FAN FAVORITE BARS

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## PRICED PER GUEST

### ★ CHEF'S CHOICE ★ **ASIAN BAR** | \$16

ORANGE CHICKEN AND MONGOLIAN BEEF SERVED WITH CHOICE OF WHITE RICE, FRIED RICE, OR STIR FRY LO MEIN. INCLUDES FORTUNE COOKIES AND ONE APPETIZER OF CRAB RANGOONS, PORK EGG ROLLS, OR CHICKEN EGG ROLLS.

### **BALLPARK BAR** | \$14

ONE HAMBURGER AND ONE HOT DOG PER GUEST, POTATO CHIPS, AND BAKED BEANS. SLICED CHEESE, LETTUCE, TOMATO, ONION, PICKLES, KETCHUP, AND MUSTARD ARE ALL INCLUDED.

### **TACO BAR** | \$15

TWO TACOS PER GUEST, GROUND BEEF AND SHREDDED CHICKEN, SPANISH RICE OR CILANTRO LIME RICE, BLACK BEANS OR REFRIED BEANS, SOFT TACO SHELLS, TORTILLA CHIPS AND SALSA, LETTUCE, TOMATO, ONION, JALAPEÑO, SHREDDED CHEESE, SOUR CREAM, AND TACO SAUCE. SUBSTITUTE AL PASTOR OR CARNE ASADA FOR AN ADDITIONAL \$2 PER GUEST.

### ★ CUSTOMER'S CHOICE ★ **PASTA BAR** | \$16

SPAGHETTI NOODLES TOSSED IN MEATY MARINARA SAUCE AND PENNE NOODLES SMOTHERED IN HEARTY CHICKEN ALFREDO SAUCE. SERVED WITH GARLIC BREADSTICKS AND CAESAR SALAD. MARINARA AND MEATBALLS CAN BE SUBSTITUTED FOR THE MEATY MARINARA SAUCE.

### **POTATO BAR** | \$14

BAKED POTATOES SERVED WITH SHREDDED CHEESE, CHEDDAR CHEESE SAUCE, BLACK OLIVES, SCALLIONS, SOUR CREAM, BACON BITS, DICED HAM, CHILI, STEAMED BROCCOLI, AND SALSA. SERVED WITH GARDEN OR CAESAR SALAD AND GARLIC BREADSTICKS.

### **SALAD BAR** | \$14

MIXED GREENS SERVED AND CHOPPED ROMAINE SERVED WITH TOMATOES, BLACK OLIVES, ONIONS, CUCUMBERS, SHREDDED CHEESE, SLICED EGGS, CROUTONS, BACON BITS, DICED HAM, JULIENNE TURKEY, SHREDDED CARROTS, AND A CHOICE OF DRESSING ( RANCH, FRENCH, CAESAR, ITALIAN, OR RASPBERRY VINAIGRETTE). SERVED WITH GARLIC BREADSTICKS.

### **BBQ BAR** | \$20

SMOKED SHREDDED CHICKEN AND PULLED PORK. SERVED WITH SLIDER BUNS, MAC AND CHEESE OR PARMESAN PARTY POTATOES, BAKED BEANS, PASTA SALAD OR POTATO SALAD, COLESLAW, PICKLES, DICED ONIONS, TWO DIFFERENT TYPES OF BBQ SAUCE, AND CONDIMENTS. ADD BEEF BRISKET FOR AN ADDITIONAL \$2

# BREAKFAST

All prices are per guest

## PRICED INDIVIDUALLY OR • PICK FOUR FOR \$8.00

- SCRAMBLED EGGS \$2.00
- FIESTA SCRAMBLED EGGS \$3.00
- COUNTRY SAUSAGE PATTIES \$2.00
- HICKORY SMOKED BACON \$2.00
- SOUTHERN BISCUITS & GRAVY \$3.50
- SEASONED HASHBROWNS \$3.00
- BELGIAN PEARL WAFFLES \$3.00
- FRESH-CUT FRUIT \$3.00
- ASSORTED JUMBO MUFFINS \$3.00
- GOURMET CINNAMON ROLLS \$3.00
- ASSORTED DONUTS & ROLLS \$3.00
- ASSORTED YOGURTS \$2.00
- BAGEL & CREAM CHEESE \$3.00

## CLASSIC COMBO | \$7

SCRAMBLED EGGS • COUNTRY SAUSAGE PATTIES OR HICKORY SMOKED BACON  
• TOASTED BISCUITS WITH BUTTER AND JELLY • ORANGE JUICE.

## BREAKFAST SANDWICH | \$5

CHOICE OF SAUSAGE OR BACON • SERVED ON A TOASTED ENGLISH MUFFIN  
WITH EGG AND CHEESE.

## BREAKFAST BURRITO | \$6

FLOUR TORTILLA STUFFED WITH SCRAMBLED EGGS • PEPPERS • ONIONS •  
COLBY JACK CHEESE • CHOICE OF DICED BREAKFAST SAUSAGE, CHOPPED  
BACON, OR CHORIZO. SERVED WITH SOUR CREAM AND SALSA.

## BREAKFAST HASH | \$8

SAUTÉED DICED POTATO WITH PEPPERS • ONIONS • SCRAMBLED EGGS • COLBY  
JACK CHEESE • CHOICE OF SAUSAGE, BACON, OR CHORIZO.



# BOX LUNCHES



**\$14.00 PER BOX • SERVED WITH ASSORTED INDIVIDUAL CHIPS,  
POTATO SALAD, OR PASTA SALAD • ASSORTED DESSERTS •  
MAYONNAISE • MUSTARD • 12 OZ. SODA OR WATER.**

**HAM & CHEDDAR SUB SANDWICH**  
TOPPED WITH LETTUCE • TOMATO •  
ONION • PICKLE

**TURKEY & SWISS SUB SANDWICH**  
TOPPED WITH LETTUCE • TOMATO •  
ONION • PICKLE

**ROAST BEEF AND COLBY  
JACK SUB SANDWICH**  
TOPPED WITH LETTUCE • TOMATO •  
ONION • pickle

**CAPRESE SALAD**  
MIXED GREENS • TOMATO •  
FRESH MOZZARELLA • BALSAMIC  
REDUCTION • VINAIGRETTE

**CHEF SALAD**  
MIXED GREENS • TOMATO •  
CUCUMBER • SHREDDED CHEESE •  
HAM • TURKEY • HARD-BOILED EGG •  
CROUTONS • SHREDDED CARROTS

**CAESAR SALAD**  
ROMAINE LETTUCE • SHREDDED  
PARMESAN CHEESE • CROUTONS •  
TOMATOES • SLICED GRILLED  
CHICKEN

*CHOICE OF SALAD DRESSING*  
RANCH • FRENCH • ITALIAN • CAESAR •  
RASPBERRY VINAIGRETTE

# LUNCH & DINNER ENTRÉES

*EACH ENTRÉE SERVED WITH TWO SIDES & A DINNER ROLL*

- **GRILLED GARLIC HERB CHICKEN BREAST | BONELESS \$13 OR BONE-IN \$15**

- **CHICKEN MARSALA | \$14**

ROASTED CHICKEN BREAST • MUSHROOMS • ONIONS • CREAMY MARSALA SAUCE

- **CHICKEN PICCATA | \$15**

ROASTED CHICKEN BREAST • LEMON BUTTER CAPER SAUCE

- **TERIYAKI CHICKEN | \$14**

ROASTED CHICKEN BREAST • TERIYAKI SAUCE • PINEAPPLE • ONIONS

- **CREAMY CHICKEN ALFREDO | \$14**

- **CHICKEN FRIED STEAK WITH COUNTRY STYLE GRAVY | \$15**

- **CHICKEN PARMESAN | \$15**

BREADED CHICKEN BREAST • MARINARA • FRESH MOZZARELLA • BASIL

- **CHICKEN CORDON BLEU | \$14**

- **SMOKED PULLED PORK | \$14**

SERVED ON REGULAR BUNS OR SLIDERS • COLESLAW

- **SMOKED SAUSAGE WITH ROASTED PEPPERS & ONIONS | \$14**

- **GARLIC HERB ROASTED PORK TENDERLOIN | \$15**

- **ROASTED PORK TENDERLOIN | \$15**

MUSTARD BEER GLAZE • CARAMELIZED ONIONS • PARSLEY ALMOND SAUCE

- **HICKORY SMOKED BABY BACK RIBS | \$22**

- **OVEN ROASTED TURKEY BREAST WITH TURKEY GRAVY | \$15**

- **HONEY GLAZED HAM | \$15**

- **HOMESTYLE MEATLOAF | \$16**

- **SLOPPY JOES | \$14**

CARAMELIZED ONIONS • PICKLES

- **SPAGHETTI OR PENNE WITH BOLOGNESE SAUCE | \$14**

- **PENNE WITH SMOKED MEATBALLS AND MARINARA | \$15**

- **SALISBURY STEAK | \$16**

SMOTHERED IN BROWN MUSHROOM GRAVY

- **BRAISED BEEF SHORT RIB | \$22**

DRIZZLED WITH RED WINE DEMI GLACE

- **HICKORY SMOKED BEEF BRISKETS | \$22**

- **ROASTED BEEF | \$18**

- **PRIME RIB (CARVING STATION) | MKT**

- **BLACKENED SALMON | \$14**

- **SWEET CHILI SALMON | \$14**

- **LEMON CAPER DILL SALMON | \$15**

- **OVEN ROASTED SALMON W/ PARSLEY ALMOND SAUCE | \$15**

- **LEMON PEPPER COD WITH LEMON BUTTER | \$14**

- **BLACKENED COD | \$14**

# SIDES

ADDITIONAL SIDE | \$3 PER PERSON



## COLD SALADS

- GARDEN RANCH COTTAGE CHEESE
- STEAKHOUSE POTATO SALAD
  - PASTA SALAD
  - CREAMY COLESLAW
  - FRESH FRUIT SALAD
- MEDITERRANEAN SALAD
  - HOUSE SALAD
  - CAESAR SALAD
  - CAPRESE SALAD

## STARCHES

- BAKED POTATO WITH BUTTER AND SOUR CREAM
  - AU GRATIN POTATO
- ROASTED BABY RED POTATOES WITH PARSLEY BUTTER
  - GARLIC RED SKIN POTATO MASH
- CLASSIC MASH POTATO WITH CHICKEN OR BEEF GRAVY
  - CHEESY HASH BROWN CASSEROLE
    - CHEDDAR MAC & CHEESE
  - GARDEN VEGETABLE RICE PILAF
- WILD RICE GARLIC PARSLEY BUTTER
  - LOADED MASHED POTATO

## VEGETABLES

- ROASTED VEGGIES & MARINARA
- CALIFORNIA MEDLEY WITH GARLIC PARSLEY BUTTER
  - BUTTERED SWEET CORN
- SAVORY GREEN BEANS WITH CARAMELIZED ONIONS AND GARLIC
  - GREEN BEAN ALMANDINE
  - HONEY GLAZED CARROTS
  - LOADED BAKED BEANS
- CARAMELIZED CAULIFLOWER AND BRUSSELS SPROUTS
  - ROASTED BRUSSELS SPROUT AND BACON

# BEVERAGES

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**BOTTLED WATER** | \$1.50  
PER BOTTLE

**COFFEE** | \$14.00  
PER GALLON

**CANNED SODA** | \$1.50  
COKE PRODUCTS

**DOMESTIC BEER** | \$17.00  
SIX PACK

**LEMONADE** | \$8.00  
PER GALLON

**PREMIUM BEER** | \$25.00  
SIX PACK

**MILK** | \$8.00  
PER GALLON

**WINE** | \$30.00  
BOTTLE

**ORANGE JUICE** | \$10.00  
PER GALLON

# DESSERT

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**CHOCOLATE CHIPS COOKIES** | \$18 PER DOZEN  
ASSORTED FLAVORS

**DESSERT BARS** | \$24 PER DOZEN  
ASSORTED FLAVORS

**MINI CHEESECAKES** | \$40 FOR TWO DOZEN  
ASSORTED FLAVORS

WE OFFER A VARIETY OF PIES AND CAKES AVAILABLE UPON REQUEST WITH ONE WEEK'S NOTICE. CONTACT US FOR DETAILS.

# ADDITIONAL OPTIONS

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WE CAN ACCOMMODATE MANY OTHER OPTIONS THAT ARE NOT LISTED UPON REQUEST. MAKE ANY MENU SPECIAL FOR YOUR EVENT.



# NEED A VENUE?

The Cedar Rapids Kernels offer a variety of unique spaces within Veterans Memorial Stadium that are available for rental and catering.

Contact us to hear more about our Annex available for rent or to discuss any of our spaces at beautiful Veterans Memorial Stadium.



# CONTACT US

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THE KERNELS CATERING STAFF BRING 50 YEARS OF COMBINED CATERING AND HOSPITALITY EXPERIENCE TO OUR CUSTOMERS.

## EVENT STAFF

**ALLIE MORMANN  
JOSH CARTER • TYLER BENTON**



## CEDAR RAPIDS KERNELS CATERING AND EVENTS CONTACT

**Allie Mormann**  
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ALL PRICES INCLUDE DISPOSABLE PLATES, PLASTICWARE, SERVING UTENSILS, AND NAPKINS.

*PRICES ARE SUBJECT TO CHANGE*